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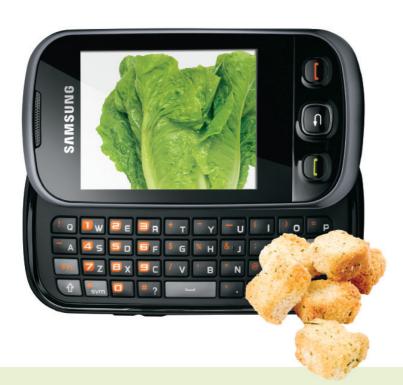
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Wednesday, October 27, 2010 www.metronews.ca



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NINE YEARS ON, SHE'S STILL COOKIN' MORE GOODIES IN RAY'S LATEST (page 26)



## TAIL 'ER WHO'S BEEN SPOTTED OUT WITH SWIFT? (page 21)



edmonton etres

Wednesday, October 27, 2010 www.metronews.ca



News worth sharing.



### Flames win battle in shootout

The Oilers fell 5-4 in a shootout to the Flames last night in Calgary, but not before storming back from three goals down to tie the game. Game recap, page 29.

### Deadly eruption, tsunami

Disaster strikes hundreds of miles apart in Indonesia {page 12}

### The dish on Chicago

Your kind of town if you like to eat {page 22}

# Hundreds of birds dead

Syncrude says 200-plus birds killed after landing in toxic oilsands tailings ponds ● Blames freezing rainstorm ● Company ordered to pay \$3M last week

More than 200 birds died after they landed on gooey, toxic oilsands tailings ponds in northern Alberta, just days after oil giant Syncrude agreed to pay more than \$3 million in a similar case where 1,600 ducks died. Syncrude appears to have been hardest hit Monday night, with 230 birds needing to be put down after seeking refuge on the company's Mildred Lake tailings pond, which contains a thick brew of poisonous oilsands byproduct.

By last night, Shell and Suncor had also reported a "handful" of bird landings and the province had opened a regional investigation, said Alberta Environment spokeswoman Cara Tobin.

Suncor issued a news release saying "a small number of oiled birds" were euthanized at the order of provincial officials but did not specify exactly how many birds had to be killed.

Shell officials later issued a statement saying that two birds were found dead, one on a road and at its Albian Village work camp, and that two other oiled birds were seen at the Muskeg River tailings

### 'Discouraging in the extreme'

Alberta Environment Minister Rob Renner was first to go public with the Syncrude case yesterday morning.

- "It's discouraging in the extreme," Renner said. "I thought we had moved the agenda significantly forward so that this kind of incident would be minimized, but the fact of the matter is that we are now dealing with what appears to be a similar incident."
- "The timing," he added, "obviously, couldn't be worse."

pond, but could not be captured.

A news release on Syncrude's website said workers noticed the birds Monday night in parking lots and on roads around its operation. They appeared exhausted and unable to fly. Initially Syncrude said only 125 birds had to be killed but that number grew throughout the day.

THE CANADIAN PRESS

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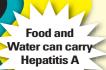
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### Time to clean up the books: Alberta AG

Alberta's auditor general says the province's health superboard must do a better job keeping its financial books in order or risk making millions of dollars more in financial mistakes.

Auditor General
Merwan Saher says a comprehensive plan wasn't in
place when the nine
regional health authorities
and three specialized
boards merged a year and
a half ago. The result, says
Saher, was that more than
\$500 million in expenses
were misclassified, and
says another \$420 million
in expenses were accidentally omitted from the
books. THE CANADIAN PRESS



### It's almost time to get your poppy

The Royal Canadian Legion is kicking off its annual poppy campaign on Friday.

Local branch volunteers will be out in public tagging donators with the well-known red poppy on Nov. 6 and poppies will be widely available across the city until Remembrance Day. Donations are put into trust accounts, which are used to assist veterans and ex-service members.



### Newcomers get sworn in

Diotte and Loken become newest members of council after victories in last week's municipal election ● 'I'm very excited, very honoured': Loken



ZETTEL

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Councillors Kerry Diotte and Dave Loken looked enthusiastic and determined yesterday, as they were officially sworn into office as the newest councillors at city hall.

They raised their left hands, joined their names to the roster and signed away their free time for at least the next couple of weeks as the city's budget becomes the main focus for city council.

"It really hit home today and I felt kind of choked up as I looked down and saw my friends, it's a proud moment," said Diotte.

"The budget is going to be the first big challenge because a lot of people want a lot of things. We've got to get bang for the buck."

Sitting at his new desk,

it was easy to see the confidence in Loken as he adjusted to his surroundings.

"I'm very excited, very honoured and humbled. I'm looking forward to the many challenges ahead and I'm just going to try (to) enjoy this day because there's going to be few and far between from here on in." said Loken.

in," said Loken.
"Getting the budget going, that's going to determine what we're going to do for the next year."

### **Quick facts**

- 1 Kerry Diotte wrote a book on the recent history of Edmonton.
- Dave Loken has a masters degree in conflict analysis and management.
- This was the third time Loken has run for council.





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- 2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
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Allan Small says investor eyes should be on China, not the U.S. Federal Reserve. More at metronews.ca/ investing



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### Condo fire causes \$300K in damage

Firefighters battled a blaze in a downtown condominium complex yesterday morning.

Firefighters were called to a blaze at the River Valley Condos, on 105 Street and 97 Avenue around 8 a.m. It appears the fire started just before 8 a.m. in a carport next to the building. The fire was considered to be under control just before 8:30 a.m. and declared out by 9:10 a.m.

"Investigators have determined there was about \$300,000 of damages caused by the fire," said fire spokesperson Tim Wil-



son. "The cause is undetermined, but they did conclude that the fire started inside a car."

Crews spent the morning clearing smoke from the 12-storey building and investigating the cause.

There are no reports of injuries. • ANDREAS MORSE

KIRBY LAKE

### Fatal air crash probed

Transportation Safety Board investigators are trying to determine what caused a plane to crash in northeastern Alberta, killing one person and injuring nine others.

The twin-engine King Air 100 carrying British Petroleum Canada workers crash-landed late Monday morning in Muskeg about two kilometres short of the remote landing strip at Kirby Lake.

"We need to take the time to get it right and we need to gather all the relevant information, do a thorough analysis of the information and write a report with the findings and contributing factors," said Transportation Safety Board spokesman Chris Krepski.

The team will gather information from air traffic control and see if they have any tapes of communications between the crew and air traffic services.

The plane was operated by Calgary-based Kenn Borek Air. THE CANADIAN PRESS

### RCMP still silent on Millet deaths

The autopsies on two bodies found on a rural property near Millet was set to be completed yesterday, but RCMP remain tight-lipped about the apparent murder-suicide. Reports suggest the land is owned by Métis hunting activist Ron Jones. However, police have not identified the deceased. • METRO

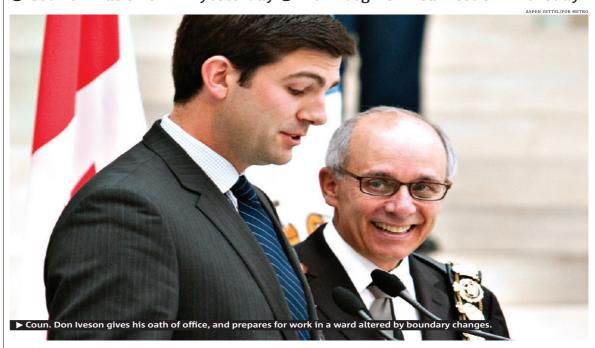
### McCann family erect billboards

The family of Lyle and Marie McCann are offering a large reward for help finding the missing couple and they're hoping billboards will serve as a reminder. A number of billboards stating:

"\$60,000 Reward, Please Help Us Find Our Parents" line the highways west of Edmonton.

# Camaraderie at city hall

Council was sworn in yesterday Work begins in earnest on Thursday





ASPEN ZETTEL EDMONTON@

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The camaraderie between the mayor and city council was apparent with fist bumps and hugs filling the gaps between ceremony and official documents as members new and old were sworn in at city hall yesterday afternoon.

Surprising and yet not surprising is the bond between councillors Don Iveson and Bryan Anderson, who worked together last term in Ward 5.

The new ward divisions leave Anderson and Iveson as the Ward 9 and Ward 10

### By the numbers

- Edmonton's city council is made up of one mayor and 12 councillors who represent 12 wards.
- Ward 9's Bryan Anderson is the longest-serving mem-

councillors, or as they affectionately called it, "Ward 19."

"Bryan Anderson and I worked very well together for the last three years," said Iveson.

"The mentorship I enjoyed from him for the last three years will continue on."

on." When asked about his ber of council, having served since 1998.

- Dave Loken in Ward 3 and Kerry Diotte in Ward 11 are the only new councillors elected this term.
- One term on council is three years.

focus for his ward, Iveson was concise.

"I think the biggest (issue) is how do we bring families back into the core of the city. How do we create affordable alternatives to urban sprawl?" said Iveson.

"The way we compete (with urban sprawl) is to make sure there's a compelling alternative, and that's what's missing right now."

Bryan Anderson was candid about the immediate planning ahead. "Within 50 days this

"Within 50 days this council is going to have to pass a 1.9 billion dollar budget. I think it's going to be important for us to show some fiscal restraint," said Anderson.

As for Iveson, Anderson is looking forward to

working with him again.
"We'll co-operate working on our old Ward 5 as two separate wards but the intent is to make it move forward in a good, solid, happy manner."



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# Pull over and get out of the way

• Firefighters remind Edmonton drivers about what to do when an emergency vehicle is behind them



It should be common sense to all drivers that when an emergency vehicle has its sirens and lights on, you move carefully out of the way.

Yet many drivers stop or speed up instead of pulling to the side of the road.

"When we need to get through, they need to pull over and get out of our way," said Randy Shakura, Captain of Fire Station #1.

"With the heavy traffic volume we have in the city now we need to have people pay attention to what's going on around them."

### Fire

- The firefighters union in Edmonton started on May 15, 1917
- On average fires kill eight people a week in Canada and 73 per cent are residential incidents
- Smoke is the cause of the majority of fire-related deaths
- Edmonton has 25 fire stations currently operating.

**150** 

The number of fire vehicles in service in the city.



### An Animated display at Metro Cinema

Whether you're a young child growing up on stories like Jack and the Beanstock or an adult looking for more mature content in your cartoons, Metro Cinema is the place to be tomorrow.

The National Film Board of Canada (NFB) is launching the fourth edition of Get Animated! with a series of free animation screenings and activities.

"Oct. 28 is International Animation Day," said Kelly Fox, marketing manager for NFB Edmonton.

"This is a special day for animation so we decided to do free screenings in as many cities as we could get across the country so that the public can really see what we're doing every year."

The evening will be split into two parts: Fairy Tales for All at 7 p.m. and NFB New Releases Program at 8:30 p.m. and the price couldn't be better.

"It's about the filmmakers but I think it's more about the public," Fox



hice

"We've got this incredible treasure trove of animation, this is about making sure the public gets a chance to engage and learn about animation"

For more information about Get Animated!, visit www.nfb.ca/getanimated

• ANDREAS MORSE

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ANDREAS MORSE/METRO



### Attack stumps cops

Police make appeal to public for information related to robbery of bar owner ◆ 'Someone knows what happened that night': Detective

Police are getting frustrated over the lack of information on the brutal robbery of a 51-year-old bar owner on Oct. 1.

Masked suspects at-

tacked Mohammed Maqsood as he was closing his northend bar for the night.

"It is frustrating to us that no further information has come forward," Det. Reg Owen said to media through a release. "Someone knows what happened that night."

If anyone has information that they think will be useful to police they are asked to call Crime Stoppers at 1-800-222-TIPS or the complaints line at (780)-423-4567.

METRO

### Feds search for causes of airshow crash

The cause of the fiery crash of a CF-18 fighter jet in Lethbridge, Alta., remains a mystery, as a Department of National Defence investigation has yet to determine what caused the accident.

During an airshow practice on July 23, the jet flown by Capt. Brian Bews lost thrust in its right engine while doing a manoeuvre about 90 metres above the ground.

The plane didn't respond, and he was forced to eject moments before the CF-18 crashed and exploded into a massive fire-

6 Airshow appearances for CF-18 fighters after the crash.

ball

Bews was hospitalized and suffered three compressed vertebrae.

"Field examination of the engines did not reveal any anomalies. Both engines were sent to the Quality Engineering and Test Establishment for a detailed inspection," reads the report from the Directorate of Flight Safety.

Bews told reporters in August that he knew instantly something was wrong.

"It became immediately obvious to me that the jet was not acting like it normally acts," Bews recalled. "I was not in control of the aircraft anymore."

THE CANADIAN PRESS

TRANSIT

### Work to disrupt weekday commute

Commuters who use LRT service need to adjust their schedules, as overhead power line upgrades will be disrupting service for the next few days. Today, LRT service will be running on a 20-minute frequency from 8 p.m. until the end of service.

Extra trains will be added for the Oil Kings game.
Tomorrow and

Tomorrow and Sunday, bus-replacement service will operate on a seven-to-eight minute frequency between Clareview and Coliseum stations from 8 p.m. until the end of service.

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**News in brief** 

### Mysterious exhibition on its way

**GALLERY OPENING.** Of Mysteries, an

exhibition of photography by Elaine Steinke, will be unveiled at the Common Sense Gallery on Nov. 6.

The solo exhibition by the Bellevue, Alta., photographer will be on display until Dec. 17.

For more information,

go online to www. commonsensegallery.com. • METRO

### DJs to bring house back

NIGHTLIFE. Worldrenowned superstar DJ and party icon Roger Sanchez and Ibiza club staple from The Netherlands Sidney Samson are bringing their mixers to Edmonton.

The pair are teaming up this November for the Return of House Tour and will be at the Edmonton Events Centre on Nov. 10.

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# Auditor slams Tories' helicopter program

### Report accuses defence planners of misleading Treasury Board

Auditor General Sheila Fraser carpet bombed National Defence and Public Works yesterday for cost overruns and delays in the purchase of new military helicopters — but the real damage could be to the Harper government's planned stealth-

fighter program.

The auditor's scathing analysis of programs to buy choppers for maritime patrol and army battlefield operations was the highlight of Fraser's fall report, and critics were quick to link the embarrassment to the plan to spend \$16 billion on the F-35 Lightning II.

### **Budget buster**

- Fraser's audit found the total cost of buying 28 Cyclone helicopters to replace the antique Sea King fleet will likely top \$5.7 billion and come in seven years late.
- In 2003, Paul Martin's Liberals pegged the program at \$2.8 billion.

\$2.9B The final bill for the 15 Chinook battlefield helicopters is expected to be \$4.9 billion — \$2.9 billion more than the estimate in 2006.

# ► Auditor General Sheila Fraser holds a news conference on Parliament Hill yesterday after the release of her fall report.

### Border agency too easy on importers?

Canada's auditor general says the federal government may be missing out on collecting millions in duties and taxes on imports.

Sheila Fraser says the Canada Border Service Agency relies on importers to calculate what they owe, but doesn't have a system to measure whether those <del>-</del>

calculations are accurate.
She says the agency is moving to improve its verification system although all the rules won't be in place until next spring.

Fraser says the agency conducted 2,700 verifications in 2009-2010, or about three per cent of the value of imports. The Canadian Press

### Praise for charity monitors

Sheila Fraser says the Canada Revenue Agency is doing a good job riding herd on registered charities. It's thorough in its monitoring of more than 85,000 charities and the \$2.4 billion in tax breaks generated by donations. THE CANADIAN PRESS

### Room to improve

- Fraser said the CRA could improve the way it deals with charities that are late in filing their required annual information returns.
- She suggests random audits of charities may not adequately measure their compliance with the rules.
- The CRA has pledged to tighten up its handling of these issues.

### Bank regulators falling behind?

The federal auditor general says Canada's banking regulators have managed to keep the most potent effects of the global financial crisis at bay, but are scrambling to keep up with the pace of global rules and financial innovation.

The audit finds the regulators were flexible, adapt-

ing their advice for banks as the crisis took unexpected twists and turns that caused banking and liquidity challenges around the world.

But the regulators are having a hard time training, retaining and compensating staff able to keep up with changes.

THE CANADIAN PRESS

















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### **News in brief**



### Hillary to stop in China

Tour. Secretary of State Hillary Rodham Clinton is adding a stop in China to her two-week tour of

She is scheduled to meet Saturday with Chinese State Councillor Dai Bingguo, who oversees foreign policy for China. The State Department said yesterday they will discuss economic issues ahead of next month's Group of 20 economic summit and the expected U.S. visit early next year of Chinese President Hu Iintao

THE ASSOCIATED PRESS

### **Minister leads** trade mission

CHINA. British Columbia's forestry minister is leading the province's largest-ever trade mission to China in an effort to increase lumber sales to that country.
Pat Bell says the 10-day

trip, which starts tomorrow, will build on seven years of work to break down barriers to woodframe construction in China. THE CANADIAN PRESS

### **Activists get** awards invite

NOBEL. The wife of jailed Nobel Peace Prize winner



Liu Xiaobo has invited dozens of Chinese activists and

luminaries to go to the Nobel award ceremony in Oslo on her behalf as authorities are likely to block her from going. Liu Xia, pictured, said in a letter posted online she believed her husband would want his friends "to attend this historic cere-MODY." THE ASSOCIATED PRESS

### **PROTESTS**

### Protests started after collision of Chinese boat. Japanese patrol vessel and have spread across the nation

Protesters burned a Japanese flag outside the country's consulate as hundreds marched yesterday in the southwestern Chinese city of Chongqing, the latest flare-up triggered by a territorial dispute over a chain of islands.

The Chinese government has so far been unable to stop the protests, which have popped up in cities across the country as word spread online. Bei-jing has said the protesters' reasons for marching were understandable, but voiced its disapproval of "illegal and irrational "illegal acts.

About 700 to 800 people marched in Chongqing afternoon, yesterday afternoon shouting, "We love China" and "Boycott Japanese goods," said goods," said a security guard surnamed Peng in one local residential area.



"We must strenathen propaganda and opinion work to guide the public to voice its patriotic aspirations in a rational and orderly way according to the law, protecting social and political stability."

CHINESE POLITBURO STANDING COMMITTEE MEMBER ZHOU YONGKANG

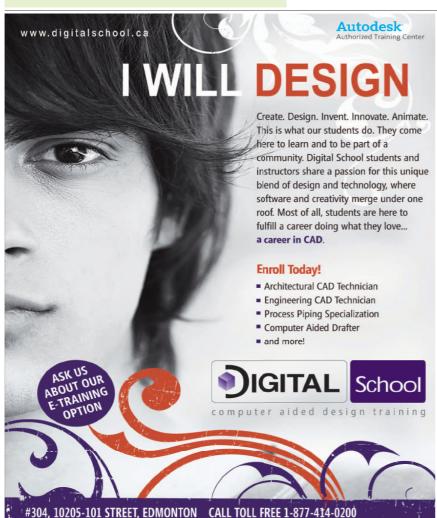
The demonstrators were flanked by police, he said. "They sang the national anthem and shouted that people should boycott Japanese goods," Japanese consul Kiyomi Seno said.

The protesters also burned a Japanese flag in front of the building where the consulate is located, though it took several tries because of heavy rain. News photographs showed protesters, many appearing to be students, holding umbrellas and clustering around the flag while police watched over the

The protesters left soon after and there was no dan-ger of clashes because of heavy security surrounding the consulate, Seno said.

The protests were sparked by a collision last month between a Chinese fishing boat and Japanese government patrol vessels. THE ASSOCIATED PRESS







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### RAGE IN CHINA



### Government calls for end to rallies

Foreign Ministry spokesman Ma Zhaoxu on yesterday reiterated the government's stance that the protests should stop.

"The outrage of the Chinese people over recent Japanese statements and actions is understandable," he said, but added that the government "disapproves of illegal and irrational acts."

The concern has reached the highest levels of government, with Zhou Yongkang, the Communist Party's top law-and-order official, speaking out about the protests for the first time. "We must strengthen propaganda

### Online

China's censors have been deleting any references to anti-Japan protests on websites, blogs and Twitter-like microblogs. Protest organizers have been skirting that by posting images with details of the rallies on instant messaging programs.

and opinion work to guide the public to voice its patriotic aspirations in a rational and orderly way according to the law, protecting social and political stability," Zhou was quoted as saying. THE ASSOCIATED PRESS

### NASA boss pays visit to Chinese space centre

The head of NASA visited China's manned space flight launch centre during a trip to the country to explore possibilities for cooperation, the U.S. agency said yesterday.

China launched its first manned space flight in 2003 and plans an unmanned moon landing in 2012, with a possible manned lunar mission to follow in 2017 — marking new milestones in its space program while those in the U.S. and elsewhere face tightened budgets.

NASA administrator Charles Bolden Jr. said he had a "very comprehensive" visit to facilities run by the manned space flight program, including the Jiuquan Satellite Launch Center in China's northwest, according to a NASA statement.

Bolden left Thursday after a six-day visit. China has not commented on the visit. THE ASSOCIATED PRESS



### Visit

The visit succeeded in boosting understanding between the sides about their programs and the "importance of transparency, reciprocity and mutual benefit as the underlying principles of any future interaction between our two nations in the area of human spaceflight," Bolden was quoted as saying.



### Eruption, tsunami kill Indonesians

### ▶ Police and volunteers were shown pulling at least 14 ash-covered bodies and carrying them to vehicles

A volcanic eruption and a tsunami killed scores of people hundreds of miles apart in Indonesia — spasms from the Pacific "Ring of Fire," which spawns disasters from deep within the Earth.

Yesterday's eruption of Mount Merapi killed at least 18 people, forced thousands to flee down its slopes and spewed burning ash and smoke high into the air on the island of Java

Meanwhile, off the coast of Sumatra, about 1,300 kilometres west of the volcano, rescuers battled rough seas to reach Indonesia's Mentawai islands, where a 10-foot

### Quake

The quake, just 20 kilometres beneath the ocean floor, was followed by at least 14 aftershocks, the largest measuring 6.2, according to the U.S. Geological Survey.

tsunami triggered by an earthquake Monday night swept away hundreds of homes, killing at least 113 villagers, said Mujiharto of the Health Ministry's crisis centre. Up to 500 others are missing.

The twin disasters happened hours apart in one of the most seismically active regions on the planet.

Scientists have warned that pressure building beneath Merapi's lava dome could trigger its most powerful explosion in years.

But Gede Swantika, a government volcanologist, expressed hope the 2,968metre mountain, which sent rocks and debris cascading down its southern slope, could be releasing steam slowly.

"It's too early to know for sure," he said, adding that a big blast could still be coming. "But if it continues like this for a while, we are looking at a slow, long eruption."

THE ASSOCIATED PRESS



### Waiting on Thunder

Today's photo of the day is by Canadian tlml78 and was submitted in the emotions category. The photo is titled: Tension (Waiting on Thunder). Enter your photos today and view more pictures at metrophotochallenge.ca.



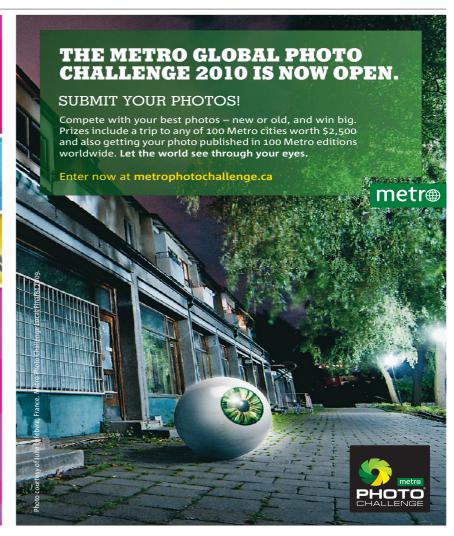
### Fewer gun homicides in '09: Report

A new study says there were fewer firearm-related homicides last year.

Police reported 179 of Canada's 610 homicides were committed with a firearm in 2009; that's 21 fewer than in 2008.

THE ASSOCIATED PRESS





### Putting the Sony Walkman to bed

The Walkman, the Sony cassette device that forever changed music listening before becoming outdated by digital MP3 players and iPods, has died. It was 31 years old.

Sony announced Monday that it has ceased production of the classic, cassette tape Walkman in Japan, effectively sounding the death knell of the once iconic, now obsolete device.

The Walkman is survived by the Discman (still clinging to life) and ironic music listeners who think using a Walkman in this day and age is charmingly out of touch.

out of touch.

It will continue to be produced in China and distributed in the U.S., Europe and some Asian countries.

Digital Walkmans are also

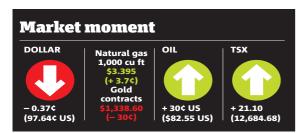


being made with models that display lyrics and have improved digital noise-cancelling technology.

Still, if you're looking to chisel a date in the Walkman's tombstone, then Oct. 25, 2010, is as good as any. For many, that it's taken this long is surprising: "They were still making those?"

Perhaps Oct. 23, 2001, the day the iPod was launched, is the better date of expiration.

THE ASSOCIATED PRESS





### China's new train set

The efforts to develop China's own ultra highspeed rail technology is a showcase project nearly on a par with the country's space program in terms of national pride and importance. Railway officials recently announced they were working on technology to boost speeds to over 500 km/h.

### Rogers Q3 profits drop by a quarter

◆ Fewer new wireless subscribers as compared to last year ◆ Spent more to retain existing customers

Rogers Communications Inc. profits dropped by 24 per cent in the third quarter as it battled stiffer competition in the wireless market, spending more money on its smartphone customers.

Net income for the giant wireless, cable and media company weakened to \$370 million, or 64 cents per share, in the three month period ended Sept. 30.

That's down from \$485 million, or 79 cents per share, in the same period a year ago. Rogers said yesterday

Rogers said yesterday that heightened competition in the overall market resulted in fewer net subscriber additions of 125,000 to its wireless services, compared with 167,000 in the same quarter last year.

THE CANADIAN PRESS

### Company profile

Rogers is Canada's largest wireless provider.

- Brands The company has the Rogers Wireless and Fido brands as well as the talk-and-text brand. Chatr.
- Services Rogers provides cable, Internet, phone, specialty and conventional television services.
- Assets The company owns radio and TV stations, publishes a stable of magazines and owns the Toronto Blue Jays.
- Revenue The wireless division provided more than half of the company's overall operating revenue, at \$1.8 billion. The cable division's revenue was \$1 billion.

### Thar she blows, Canada

Call it a tale of two continents: the world's biggest maker of wind turbines announced that it will lay off nearly a third of its workforce because of a weak outlook for the European wind energy market in 2011, while Canada is expecting a year of record growth.

Denmark-based Vestas A/S yesterday posted a 24 per cent drop in third-quarter earnings and said it will lay off some 3,000 workers in Denmark and Sweden to adjust to lower demand in Europe.

But the weaker outlook for European demand is having no impact on optimism on our side of the Atlantic. Robert Hornung, president of the Canadian Wind Energy Association, said over 1,000 megawatts of new wind energy capacity is expected to be in-

stalled in Canada next year—exceeding the record 950 megawatts of capacity that was installed in 2009. One megawatt is equal to one million watts.

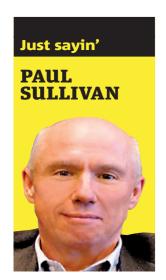
Contracts have already been signed for 6,000 megawatts of new capacity to be installed over the next five years, and Hornung said he expects that number will increase to 8,000.

2015Currently, only about 1.5 per cent of Canada's total energy demand is met by wind power, but this number is expected to increase to five per cent by 2015, according to the president of the Canadian Wind Energy Association.





### DIRTY BUSINESS OF 'GREENWASHING'



It ain't easy being green.

r maybe it's too easy. According to one source, 95.6 per cent of all "green" consumer products make at least one dubious claim about their environmental purity.

Quick, point me to the aisle where they keep the other 4.4 per cent.

It's called "greenwashing" and it's out of control if you believe an environmental marketing firm called TerraChoice.

It's even worse for baby products: 99.2 per cent. These people are picking on infants. If there's a hell, there's a green room just for these guys.

We've seen all this before. Remember, in no particular order:

Non-fat: low cholesterol: vitamin C; low carbs; and the granddaddy of them all, low tar and nicotine cigarettes. They're good for you.

Part of this is wishful thinking on our part. Oh, look, green detergent! The planet is safe!

Mostly, it's opportunistic liars trying to pull a fast one. They'll try anything: Fake labels that make it look as if the product has

been given some green housekeeping seal of approval. Or proudly announce their product is CFC-free. Of course it is. CFCs are banned.

I could go on. The list is

And if that's not bad enough, there's this blogger who is making headlines across the country.

Vivian Krause, who has been following the money, says Canadian environmental groups are mere branch plants of giant U.S. foundations that have decided to go to war against the Alberta oilsands.

"Mostly, it's opportunistic

liars trying to

pull a fast one."

We hear from Greenpeace and the Sierra Club, but we don't hear that dozens of Canadian organizations have received millions

from one source, San Francisco-based Tides U.S. And that's only part of a multimillion-dollar effort targeted at the tarsands and pipeline projects by a few huge U.S. foundations.

One whopping grant, \$27.6 million, went to "mobilize First Nations against climate change in B.C." by hiring a co-ordinator

to "engage with government, industry, environmental groups, media and the public regarding the proposed Enbridge Gateway tarsands pipeline." Where do I

Who are these guys and why are they bankrolling Canada's environmental movement? Because it's easier than cleaning up their own backyard? Only Krause seems to know. Look her up at www.fair-questions.com.

My point is simple. Of course we want to save the planet for our children. But we need to trust those who would speak on behalf of our hopes and fears.

There's nothing green about the same old BS.



Read more of Paul Sullivan's columns at metronews.ca/justsaying

### **Cartoon** SOMETHING IS NOT RIGHT HERE: CONSERVATIVE 1AYOR OF TORONTO

### Worth mentioning

China's panda population is booming this year thanks to a record number of births in captivity, a rare accomplishment for the endangered species known for being poor breeders.

The most recent addition — the birth of fe-male twins — brought the total number of births this year to 19, surpassing the record of 18 births in 2006, Tang Chunxiang, an expert at the Wolong Panda reserve in Sichuan

province, said yesterday. Giant panda "Yo Yo" gave birth to healthy twins at the reserve last week.

Tang attributed this vear's record number of





births to better research on panda nutrition, artificial insemination, genetics and creating a more natural habitat for the pandas in which to thrive.

Pandas are threatened by a loss of habitat, poaching and a low

reproduction rate. Females in the wild normally have a cub once every two or three years. Fertility rates

of captive giant pandas are even lower, experts say. Only about 1,600 pandas live in the wild, mostly in Sichuan in southwest China. Through artificial insemination, researchers have been able increase the number of pandas in captivity to more than 300 a number experts say should remain steady. THE ASSOCIATED PRESS

Should we get rid of the penny? Why or why not? **Email** edmontonletters @metronews.ca **Twitter** @metroedmonton

Metro has the right to edit letters and submissions.

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### **Metro Minute** with Tours for Tots

The Art Gallery of Alberta (AGA) will be overrun with children today as young minds expand on a tour

aimed at youth.

Tours for Tots takes place every Wednesday at the AGA. Families and kids aged three to five enjoy a free tour of the gallery with their admission price.

Wednesday's tour will focus on shapes and the alphabet.

Shapes are everywhere, so are the letters in our alphabet. Kids will search high and low for the shapes and sounds that make up our alphabet, then play some games, sing songs and create their own artwork inspired by the shapes and letters.

Tours for Tots runs from 11 a.m. to noon. • METRO





Halloween is a holiday practically designed for horror movie fanatics, but if paralyzing yourself with fear while surrounded by friends, salty snacks, and soda doesn't sound like the ideal way of celebrating the holiday, then fear not.

There is another way. Sometimes it can be just



### Troll 2

This nearly incomprehensible movie about a family terrorized by a group of vegetarian goblins who can be defeated by bologna sandwiches has deservedly become a cult classic.

as entertaining to laugh at an unimaginably bad horror film as it is to be scared by an effective one. With that in mind, we'd like to make a few suggestions for unintentionally comedic horror movies sure to have you giggling like a trick 'r treater on a sugar high this Halloween. © PHIL BROWN



### Killer Clowns From Outerspace:

The title says it all. It's physically impossible to have a bad time watching this.



### Carny

This direct to DVD circusdemon-on-the-run horror movie may have only been released last year, but earned a spot on the list for its laughable CGI, brutal dialogue ("Mister, you told me that monster was safe."), and a career worst performance from Lou Diamond Philips. There might not be a cult audience for this cinematic toilet just yet, but give it time.



### **Ed Wood** The man universally

accepted as the worst director of all time deserves a special spot on this list for a career dedicated to z-movie dreck like 1955's Bride Of The Monster. His cinematic failures have proven to last longer than many successes from his era thanks to Wood's charming combination of undeterred confidence, determination, and a vacuum of talent. Cardboard gravestones, flying saucers hanging from strings, transvestites, and Bela Lugosi. Ed Wood movies have it all.



### Troma

Finally, if you can't decide on a specific terrible title, you can't go wrong with anything from schlockmaster Lloyd Kaufman's trash factory Troma Entertainment. Everything this company has released would fit the bill from The Toxic Avenger to Killer Condom or even the South Park creators' film debut Cannibal: The Musical. No one has more fun lowering the bar than Uncle Lloyd.



**News in brief** 



No need for time travel for Michael J. Fox. The actor says he's happy with his life just the way it is. In fact, Fox says if

In fact, Fox says if he could jump in a DeLorean time machine — like his Back to the Future character Marty McFly — and share any advice, he would say "keep doing what you're doing." Fox says the role brought him to where he is now and he "wouldn't want to be anywhere else." THE ASSOCIATED PRESS





### So you think you can improve?

### **TV Picks**

### **Ghouling in** the house

Modern Family goes Halloween with Claire declaring it her favourite holiday and tricking out the house for the occasion. But Cameron's not a fan of Halloween and is still haunted by a traumatic childhood experience. (Cityty) the canadian press

### Erica's pride put to the test

It's gay pride weekend in Toronto on Being Erica, and Erica is encouraged by Dr. Tom to let loose. Things are heating up with fellow timetraveller Adam and Cassidy's back in town. (CBC) THE CANADIAN PRESS

So You Think You Can Dance will undergo another format overhaul after disappointing ratings over the summer, says Mary Murphy, the high-octane ballroom expert who served as guest judge and choreographer on the U.S.

reality series.

Murphy, who also appeared as a guest judge on the Canadian version of the dance competition, says last season's decision to incorporate all-star dancers into weekly routines did not entirely resonate with audiences

"Ratings did drop in the States this last season and so they're going to make changes," Murphy said backstage at So You Think You Can Dance Canada, which crowned ballroom dancer Denys Drozdyuk

the winner Sunday.

"We're probably going back to the way that we used to do it and they're going to keep the all-stars as well, so they're going to do half of the show the

way it used to be done and the later half of the show with the all-stars. How that's going to work out, exactly, I'm not sure yet because does that mean we increase the season if we start off with 20 dancers? Or we may be kicking more dancers off than one couple at a time. So it'll be very interesting to see how that plays."

Last spring, series creator Nigel Lythgoe announced a slew of changes that included a Top 10 instead of a Top 20, one weekly elimination in-stead of two, and a pool of ex-So You Think You Can Dance all-stars to serve as partners.

Murphy says she felt the change took away some of the drama that emerges when novice dancers tackle a genre they're unfamiliar with.

"Everybody knew they had somebody that was a pro in that division, someone that they can go home and practice with and Choreographer and television personality Mary Murphy.

know that they know what they're talking about," she

"When you get two different styles together and then they draw another style that they know nothing of, we're all sitting at home and we're sitting there as judges going, 'Oh my gosh, this might be a train wreck!' ... But when

they do it halfway good you're like, all fired up over it. We didn't have that this season."

Murphy says she suspects audiences missed seeing dancers "really seeing dancers "really challenged" from the be-ginning, adding that "it makes for a bigger journey" when dancers pull off a new dance style without

an expert's help.

Fox has ordered an eighth season of "So You Think You Can Dance," and auditions began earlier this month in California.

season's winner, Last Lauren Froderman, danced off with a \$250,000 cash prize.

THE CANADIAN PRESS





















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### At the end of the Millenni



The Girl Who Kicked the Hornet's Nest is the last film in Stieg Larsson's Millennium Triology • Audiences await the Hollywood remake



The release of The Girl Who Kicked The Hornet's Nest signals the end of Stieg Larsson's Millennium Trilogy in cinemas. It would have been impossible to predict that the story of a computer hacker and a renegade magazine editor solving Swedish sex crimes would become a worldwide phenomenon, but the series has struck a chord with seemingly all audiences. Actor Michael Nvqvist was an awardwinning star in Sweden before taking on the role Millennium editor Mikael Blomkvist. Now his celebrity is interna-tional and he's currently playing the villain in Mission Impossible 4.

Surprisingly. Nyqvist was unfamiliar with the Larsson's novels before taking on the films. "Everybody had read the books, so I thought, 'ok, it's like the Da Vinci Code, I'm never going to.' I'm a snob," the actor joked. "Once the director told me the story I ran home and read the books in

▶Noomi Rapace plays Lisbeth Salander in the The Girl Who

Kicked the Hornet's Nest. Her character is recovering in hospital and awaiting three murder trials when she is released.

three days. I knew they would make the very good films immediately. actor spent a year shooting all three movies consecutively, an experience unlike anything in his 30year-career. "I was afraid in the beginning because I'd never done that be-fore," he said. "In the past when I played a tragic role, I would do a comedic one right away. I was always looking for something different. But the whole idea with this project was to go through a marathon. It was very strange, but satisfying.'

Adapting novels that were already global hits carries with it a great deal of pressure. Nyqvist acknowledges that everyone knew they had to ignore that to avoid being crushed by expectations.

"When we started shooting I found out that 50 million people had read the books like a plague taking over the whole world," recalled Nyqvist. "There were 50 million films in the heads of readers out there and we couldn't try to make those films. We had to do our own.





### **Inspired Design**

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We hope to see you there! RSVP to rsvp@erickseninfiniti.com or for more info, call 780.489.7900.





**Nicole Decore** Artist, Edmonton

Nicole has always loved the creative and expressive side of life. As a teen, Nicole began working with many mediums, preferring acrylic paints and chalk pastel. She later went on to study silver smithing with a local artist. During her years at The University of Alberta, Nicole took a range of fine art and design courses.

While working in her family's hotel business, Nicole has found her niche in both interior design and in graphic and ad design. Today, she gets to use her creative thinking to assist in marketing and devising product concepts for the hotels.

After deciding to get back into painting, Nicole began focusing on oil painting in 2007. Nicole gets her inspiration from her passions; her love for animals and traveling the world.

metr@scene

metronews.ca WEDNESDAY, OCTOBER 27, 2010

### The ultimate Richards song

▶ Memoir has received a rave —'achingly, emotionally direct' — from The New York Times ◆ Documents street brawls and drug busts • He writes the band nearly imploded because Jagger thought he was 'bigger than the Stones'

Nearly 30 years after Mick lagger gave up on writing a memoir, alleging he had forgotten everything, Keith Richards has emerged as a bestselling author who seems to have retained it all.

Co-written by journalist and author James Fox, Life topped the bestseller list on Amazon.com even before publication yesterday.

It is a firsthand journey from wartime London through the wilder parts of the 1960s and 1970s and

beyond. His stature on paper is nearly as long, and as great, as his musical cata-

Richards was born east of London, in Dartford, in 1943. The Nazis were dropping bombs at the time, his mother told him. "That was evidence that Hitler was on my trail," Richards

He remembers "landscapes of rubble," bombedout streets and beatings in the schoolyard. His father, was often away. He was a choir boy

crushed at age 13 when his voice changed and his tal-ents were no longer need-ed. "It still rankles, that humiliation. It still hasn't gone out, that fire," he writes. "That's when I realized there's bigger bullies than just bullies. There's them, the authorities."

Rock 'n' roll, he likes to say, changed the world from black and white to Technicolor. On the radio, Elvis Presley, Jerry Lee Lewis and Chuck Berry were shouts from a party he was dying to join. On paper, he found a lonely, fictional soulmate in Holden Caulfield of The Catcher in the Rye.

"It just opened me up, just, wow," Richards says of J.D. Salinger's novel. "A kid from another country and a certain sense that the emotions were pretty much universal. You could feel just as disconnected in Iowa or New York as you can in Berlin or London or anywhere else."
In 1961, he was on a

train and ran into Mick Jagger, a childhood acquaintance from the cleaner side of town, Posh Town. Jagger was carrying rock and blues albums under his arms; a musical bond was born. Mick liked to sing. Keith could play. By 1962, the Rolling Stones were a working band, by 1963, a live sensation, and by the mid-1960s, international outlaws, the dark side of their friends and rivals the Beatles.



### Walking to the same beat as her parents

Willow Smith first entered the limelight three years ago, playing the daughter of her father's character in the blockbuster movie I Am Legend. At that time, it seemed as if she would follow in the acting footsteps of her parents, much like her brother, Jaden, who earlier this year had his own smash movie with the remake of The Karate Kid. But Willow was more

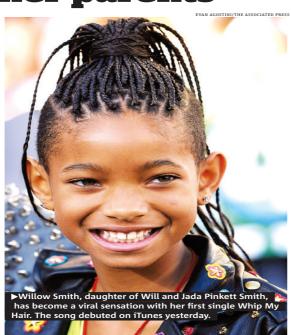
influenced by her parents musical careers: Will Smith is a Grammy winner who got his start rapping, and Jada Pinkett Smith has toured the country as part of a metal band.

"I would go on tour with them and watch them and I'd be like, 'Oh my gosh, that's what I wanna do,'" she said.

Willow said she decided not to wait to pursue her musical career until she got older — say, as a teenager.

"I wanted to make a difference now, (and) because I wanted to be big and famous like my mommy and daddy and help people," she said. Willow describes her

style as "punk rock meets preppy" and said her musical idols include Billy Idol -"his music is really

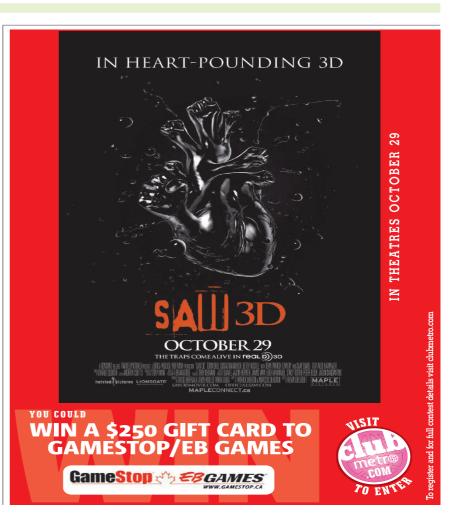


tight," she explains — and Lady Gaga.

Willow said she wants her music to help everyone to follow his or her own path, "to be individuals and do what they think is good and just be them-

And that's the advice her parents gave her. "They said never be afraid to be yourself," she said, "even when you're in the spotlight."

THE ASSOCIATED PRESS



metr@dish



### Carey to have a boy, sources say

Speculation about Mariah Carey's pregnancy has reached a fever pitch, with sources now telling Holly-Baby that not only is the singer expecting, but she already knows the baby's sex.

"She's having a boy, but the reason that Mariah didn't want to say anything is because she is 40, and she's supersti-tious," the

"But she's going to appear on Oprah and The View, so she's planning on making the announcement soon.'



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See inside back cover for details.

Lohan plans to send Dad away

nied entry, Michael Lohan may finally get his wish of visiting daughter Lindsay Lohan at the Betty Ford

Center — altl may not like the results. although he Sources tell

Radar Online that Lindsay is inviting her dad just to tell him to 90

away. "It's gotten to the point where Lindsay told Dina, 'Mom-my, maybe I should just let him see me because then he'll go away and he'll stop,'" a source says.

MOBILE S

"How would you feel if this was your dad? She's humiliated.

Mel mad at Hangover

Mel Gibson is reportedly furious about being dropped from his cameo role in The Hangover 2, according to Page Six. "Mel doesn't understand why Mike Tyson, a drug user who turned his life around, was given a chance while

SAM

Mel was kicked to the curb," a source savs. METRO

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### Jacko's dad denied rights to son's estate

A California appeals court rejected a bid yesterday by Michael Jackson's father to challenge the administra-tion of his son's lucrative es-

A three-justice panel of the California Second District Court of Appeal unani-mously affirmed a probate judge's ruling that Joe Jackson didn't have standing to intervene in his son's estate.

A copy of the opinion was not immediately available. Despite being excluded from his son's 2002 will, Joe Jackson had been seeking to have some control over financial affairs.

Estate attorney Howard

Weitzman said he pleased the court affirmed the pop star's wishes to make John Branca and John McClain executors of his

"We hope this decision fi-nally puts this issue to rest,"

Weitzman said. Brian Oxman, Joe Jackson's attorney, said the father should have some say in post-death affairs involv-

ing his son.
"This is not right," Oxman said of yesterday's rul-

The appeals court heard arguments in the estate case on Oct. 6. The panel questioned several

taken by Joe Jackson in the case, including withdrawing his request for a month-

The panel also questioned why Oxman didn't mention during a lengthy hearing in November that he might file a wrongful death lawsuit. Last June, Joe Jackson sued Dr. Conrad Murray, the physician charged with involuntary manslaughter in Michael Jackson's death.

Michael Jackson's estate has earned tens of millions of dollars since the singer's death in June 2009 at age 50 in Los Angeles.

THE ASSOCIATED PRESS



metronews.ca WEDNESDAY, OCTOBER 27, 2010

### Taylor, Jake seen together

Songstress and Brokeback Mountain actor showed up at SNL • Then seen the next day having brunch

> Taylor Swift has reportedly been getting cozy with Jake Gyllenhaal while in New York, showing up at Saturday Night Live to-gether last weekend to cheer on pal Emma Stone who was hosting the show, according to Peo

be seen too close.

"It was hard to tell if they were together, but everyone was shocked that she brought him," a source says, adding that they were spotted in Brooklyn the next morning having brunch with strolling around and around



### Simpson happy with

Jessica Simpson is totally smitten with new boyfriend Eric Johnson, and she wants everyone to know about it.
"He definitely makes me

very happy. He brings out a lot of light in me and makes me very comfortable being who I am," she tells USA Today.

And though she's been divorced once before, she hasn't been put off tying the knot completely.



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### Sheen given psychiatric evaluation

Charlie Sheen was hospitalized vesterday for a psychiatric evaluation after a woman told police he was throwing furniture and yelling in his hotel room, a law enforcement official said. His publicist blamed an allergic reaction to medication.

Police were called to The Plaza by hotel security at about 2 a.m. and Sheen appeared highly intoxicated, the official said. The actor was not arrested and went voluntarily. The official was not authorized to speak publicly about the encounter and spoke to the AP on condition of anonymity.
Sheen's publicist Stan

Rosenfield said the 45vear-old was expected to be released today.

"Charlie had an adverse allergic reaction to some medication and was taken to the hospital," he said.

Police haven't received any complaints from the hotel about any possible damage. A message left with the historic hotel at the foot of Central Park wasn't returned.

It's not clear who the woman in the hotel room was. Sheen was reportedly in New York on a family vacation with his ex-wife, Denise Richards, and their two children, Sam, 6, and

Sheen, the star of CBS



Two and a Half Men, has had problems with alcohol and drugs in the past.

In August, he pleaded

guilty in Aspen, Colo., misdemeanour third-degree assault after a Christ mas Day altercation with

his wife, Brooke Mueller Sheen. Prosecutors more dropped charges and he avoided jail time and he was sentenced to 30 days in a rehabilita-tion centre, 30 days of pro-bation and 36 hours of anger management. Mueller Sheen, who is

the mother of twins with Sheen, told police that the actor threatened to kill her and brandished a knife after she told him she wanted a divorce. Charlie Sheen said they argued but he denied threatening her, and he told police that he was upset by the divorce threat

previously through a bitter divorce and custody battle with Richards. Her publicist said Tuesday she had no comment on Tuesday's hotel encounter.

In December 1996, Sheen was charged with attacking a girlfriend at his Southern California home. He later pleaded no contest and was placed on two years of probation.

In 1998, his father, actor Martin Sheen, turned him in for violating parole after a cocaine overdose sent him to the hospital. He was ordered to undergo a rehabilitation program.

Sheen is also the star of films such as Platoon Wall Street and Hot Shots! THE ASSOCIATED PRESS

metr@travel

life

### Travel in brief



National Geographic Traveler magazine has selected Newfoundland's Avalon Peninsula as its top rated coastal destination. The magazine's November issue says the peninsula, is a "blus-tery realm" that is home to "brightly painted fishing villages and the lively city of St. John's. It says visiting the Avalon is "like going back in time — close knit communities, a strong local culture reflected in music and art, and unspoiled scenery." THE CANADIAN PRESS



### • In the words of the song, the Windy City has razzmatazz and all that jazz • But it's the restaurants that have travellers singing its praises





# It's your kind of food town, Chicago



### **GIZELLE** LAU TRAVEL@METRONEWS.CA

So you're visiting Chicago

and a meal at just any American food chain won't do? Okay, here are five of the most unique restaurants Chicago offers.

### Deep-Dish Pizza

There's no going to Chicago without a deep-dish pizza. Every Chicagoan has their favourite, but you can't go wrong with these classic spots: Pizzeria Uno or Due, Lou Malnati's, Giordano's

Pizza, Pequod's Pizza or Gino's East. Be prepared to wait in line during peak times or order ahead for pickup. Dinner for two: \$30-40 with drinks.

### **Publican Restaurant**

One of the hippest new spots in Chicago, is an ode to local foods. It's busy day and night — offering a great drinks menu, daily specials and staples such as spicy pork rinds served in a giant cone; a plate of aged ham with samples from Spain, Iowa and Virginia; creamy, crispy



fried sweetbreads; or a pig's head. Order a lot and share with friends Dinner for two: \$100 with drinks.

This is no regular hot dog

place. Any time during opening hours, there's a one-hour lineup around the building. The menu offers more than a dozen of the wildest hot dogs such as a foie gras and sauternes duck sausage dog; a spicy Thai chicken sausage; blue cheese pork sausage; smoked shrimp and pork sausage; or the Game of the Week dog with meats like crocodile and ostrich. Meal for two: \$30 with drinks.

### Frontera Grill

One of the city's best-loved

restaurants for its creamy guacamoles, refreshing ceviches and grilled meats. Meal for two: \$100 with drinks.

### Vie Restaurant

It is in the small town of Western Springs, a 30-minute train ride from downtown. Chef Paul Virant uses ingredients from local farms to create some of the most inventive dishes in the Chicago area. A meal here is around \$150 for dinner for two — but its a steal because of the quality of the food.

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### The old vision of this city has been swept awayThe new San Diego is a modern, bustling metropolis

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LIFE@METRONEWS.CA



Gone are the days when San Diego meant a brief visit to a world fa-

mous zoo, or a sunny respite for day trippers on the way to Tijuana Mexico.

The city is bustling with more and more Canadian tourists or snowbirds lately, mainly because there is a heck of a lot more to do, than just work on the old tan

For instance, a measly 60 bucks Canadian, buys you an opportunity to join the biggest sport fishing fleet in the world.

H and M Landing offers a six hour tour off San Diego Harbour where you're sure to snag something.

I barely dropped my line when that epic battle between man and fish began.

After much struggling, I did end up reeling a couple

### San Diego



Other Cool Things to Do in San Diego:

Take Your Catch to Sea Rocket Bistro One of

of whoppers.

Actually, they turned out to be a couple of 12 inch cod, but what's a fish story without gross exaggeration?

For the more adventurous there's big yellow tail, sea bass and even shark to be caught.

If angling isn't your cup of tea, it's worth the ten bucks an hour just for the stunning views of downtown, nearby Coronato, and even Tijuana from way out on the open water.

It should be said, these are big boats, with a lot of amateur anglers trying

many great downtown restaurants serving all local ingredients from local fishermen and farmers. The trendy environment features funky cardboard fish décor, and yes, if you catch it, they'll cook it for you.

Eat A Live Sea Urchin at

the Farmer's Market Located in the heart of the city's Little Italy, this weekly crowded market is full of sustainable delicacies, including live sea urchin. It's a bit hard to swallow, but actually tastes like, you quessed it, the ocean.

their luck in close proximity to each other so expect a few snags and crossed lines which is all part of the fun — that is it's fun if it's not your fishing equipment.

San Diego is home to the largest naval base on the west coast, so hulking ships in the area are a dime a dozen.

It's a bit surreal to be baiting your hook, while huge grey battle ships loaded with sailors on drill drift by just a few hundred yards in the background.

Think I'd rather be fishing



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### **Pet-friendly** destinations

• What you need to know when travelling with your dog • Make sure to plan ahead before leaving



Do you shake with excitement when you think about taking your pet on vacation with you this winter? It's possible, but with extra care and lots of time to plan ahead.

Websites such DogFriendly.com prepare databases of hotels, resorts and cities that will be the best fit for your animal.

In fact, this site publishes an annual Top 10 most dog-friendly cities, determined by a staff of re-

searchers.
"The criteria is the quality of the accommoda-tions, beaches, parks, attractions, dining, stores and other things to do with your dog," says co-editor Len Kain, who believes that the site also can help with cats, birds and maybe even snakes.

But according to Kain, dogs are about 85 per cent of the travelling animals, at least in the U.S. And while in planning mode, there are certain safety precautions to take note

of.
"You have to watch for extreme temperatures," he says. As with fur, dogs can dehydrate quickly. "You al-

### Destinations

Here are two warm petfriendly U.S. destinations. With each, there are plenty of hotels, parks and restaurants with outdoor patios.

- San Diego, California Visit the dog beach in Ocean Beach or Fiesta Island in Mission Bay. Shop through Horton Plaza Shopping Center.
- San Francisco, California View the Golden Gate Bridge from Baker Beach or Golden Gate Park.

so want to look for outdoor places, because that's where the dog is most like-ly to be allowed to go to."

For travelling procedures, you should check on the weight limits and rates for your pet with a transportation service or accommodations.

Also, make sure they've received the proper health care, including shots, especially if travelling to countries such as Mexico.

"There are a lot of parasites that aren't really in the U.S. and Canada that you have to watch for," says Kain



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### Come up for air in

Take a trip to Hawaii and you'll be surrounded by water. Literally. After all, this is a state made up of islands—eight to be precise, six of which are open to visitors. So what are you going to do with all this turquoise treasure when you find it? You could just lie there gaze-Hawaii's beaches are legendary for a reason, particularly those in Maui, which is prime whale-watching territory. But the bond between humans and the sea goes deeper. Hawaii's waves are as much a playground as anything you'll find on land.

### STAND-UP PADDLE **BOARDING**

Stand-up paddle boarding (SUP) is a popular way for Hawaiians to keep fit, so who are you to argue? This emerging

pastime has riders stand upright on boards longer and wider than those used for surfing; you'll make your way across the waves with the aid of a paddle. Lessons are recommended, but for a far more strenuous workout (or just to be part of a legendary event), investigate the Molokai Hoe.

### **FAME & FORTUNE**

Culture comes in many forms. No modern history of Palm Springs would be complete (or nearly as much fun) without a look at some of the city's most dazzling residents. A former home of Marlene Dietrich, Loretta Young, Bob Hope, and Lucille Ball among many others, Palm Springs continues to draw luminaries like Leonardo DiCaprio. Halley Berry, and Gwen Stefani to its sundrenched streets. A trip down Frank Sinatra Drive reminds you of the most famous Palm Springs resident of all.

### THE MOLOKAI HOE

The Ka'iwi Channel, separating the islands of Oahu and Molokai, is one of the world's most danaerous stretches



you

who do, places like the Bishop Museum Honolulu,

the world's largest collection of Duke

called the Molokai Hoe, contested between teams of paddlers aboard outrigger canoes. One of Hawaii's longest running sporting events, the race lasts several hours... so maybe you should stick to Hawaii's greatest global export: the noble sport of surfing.

### **SURFING**

Big wave surfing has been popular in Hawaii for decades; today, some of the world's most prestigious competitions take place between November and December on Oahu's north shores. Once a sport practiced only by royalty, surfing is now commonplace, and should you care to give it a try, lessons typically run between one and two hours, taught in gentle breaks.

Surfing is more than a pastime in Hawaii;

it's even more than a sportit's a matter of heritage. If you don't feel like riding the waves can still learn about those which possesses

Kahanamoku photographs, along with one of his earliest boards. Kahanamoku (1890 to 1968) was a celebrity, movie actor, Olympic athlete, and cultural ambassador for all things Hawaiian. His open-armed, bronze statue in front the Honolulu Police Department's station on Waikiki Beach is a well-loved attraction. To learn even more about surfing history, visit Hawaii's North Shore Surf and Culture Museum, which possesses the first motorized surfboard, the first snowboard, and many other antiques of the sport. The museum also shows surfing movies throughout the day.

Photos: OVB and Veronica Carmona Photography

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### Ray keeps stirring the pot

### Nine years after she emerged as a Food Network personality, Rachael Ray shows no signs of slowing

It's a bit of this and a dash of that that makes Rachael Ray's daytime talk show.

On a recent day of backto-back tapings, she cooked up a chicken-and-porcini shepherd's pie, chatted with Harry Hamlin and Lisa Rinna about marriage and squeezed in plugs for other parts of her lifestyle em-

The new cooking show, the new cookbook and the Thanksgiving issue of her magazine.

Nine years after breaking out as a Food Network

### Down to earth

Despite her fame, Ray shows few signs of celebrity-style vanity. She casually tells her studio audience her age and she eats one of her on-air creations, a spinach and egg noodle casserole, with her fingers.

personality, Ray is an established star who still keeps stirring the pot.

She has 18 cookbooks and an iPhone app. But mostly she has her TV shows. In addition to her talk show, her original 30

Minute Meals is still in production, as is the Rachael new Ray's Week in a Day on the Cooking Channel.

It all adds up to more than 1,300 hours of television since 2001 - or almost two months

worth of around-the-clock Rachael and her exclamations of "Yum-O!"

Repetition clearly hasn't dimmed her enthusiasm. On a recent day of filming at a Manhattan studio made to look like an urban loft, she segued breezily

from cooking dishes to dishing about Dancing with the Stars. Young aides in Tshirts printed with "Yum-O" and "EVOO" bustled during breaks to prep the kitchen set. The pace never slowed, even after a broken

boot heel forced Ray to hobble around.

"I'm 42 and I fee1 healthier than I did 10 years ago," she said. "Maybe 52. I'll have more energy than 42."

Ray debuted on the Food Netwith 30work

in 2001. Minute Meals Viewers warmed to the unpretentious daughter of parents who ran several family-style restaurants on Cape Cod, Mass., before she moved to upstate New

self-described



"pound puppy" used timesaving ingredients like canned corn. Her food was tasty but not snooty.

Her everywoman appeal was fresh for food TV back then, when the biggest were professional chefs like Emeril and reality shows based on the perils of cupcake bakers were still a way off.

cookbook, new Rachael Ray's Look + Cook, is loaded with pictures and friendly to visual learners. Buyers of the book also will have access to exclusive web videos of Ray cooking the dishes. The videos will

show that, yes, her meals really can be made in 30

But in the end, she insists that it's not really work for her: "I get to do what I would do on a day off from any other job," she

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### Shepherd's Pie Stuffed Potatoes

### **Preparation:**

- Heat oven to 200 C (400 F). On a rimmed baking sheet, roll potatoes in a hearty drizzle of olive oil and some salt. Bake until tender, about 1 hour, then let cool. Switch on the broiler.
- While potatoes cool, in a medium skillet over medium, heat 15 ml (1 tbsp) of the olive oil. Add bell pepper and half of the onion and saute to soften for 5 minutes. then set aside to cool.
- When potatoes are cool enough to handle, cut a thin top slice off each po-

- tato. In a bowl, combine bell pepper and onion mixture, sour cream, smoked paprika, half of the Gouda, salt and pepper. Scoop flesh from each potato into bowl and mash. Set aside.
- Meanwhile, in a large skillet over mediumhigh, heat remaining 30 ml olive oil. Add around sirloin and brown for 5 to 6 minutes, stirring occasionally to break up any lumps. Add mushrooms and cook 4 to 5 minutes.
- Add remaining onion and garlic and cook for another 5 minutes. Push

all of the ingredients to the edge of the pan and add butter to middle of skillet. Sprinkle flour over melted butter and cook for about 1 minute. Whisk in stock, mustard, soy sauce and Worcestershire. Bring up to a bubble, combine with meat mixture, adjust salt and pepper and simmer 2 to

Fill potato shells with beef and veggie mixture, then top each of them with reserved mashed potatoes. Transfer to a baking sheet and sprinkle with remaining cheese. Pop potatoes under broil-

3 minutes

### **Ingredients:**

- 6 large russet potatoes45 ml extra-virgin olive oil
- Salt and pepper to taste
- 1/2 red bell pepper chopped
- 1 medium onion chopped
- 125 ml sour cream
- 15 ml smoked paprika
- 250 ml shredded smoked
- Gouda cheese
- 500 g ground sirloin 250 g button or cremini
- mushrooms, quartered
- 2 chopped garlic cloves
- 30 ml butter
- 30 ml all-purpose flour
- 375 ml beef stock • 30 ml spicy Dijon mustard
- 30 ml soy sauce
- 15 ml Worcestershire sauce

er until cheese is melted 1 to 2 minutes. FROM LOOK AND COOK BY RACHAEL RAY







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### Taking it home

### • Half of Canadians want the option to work from home, poll suggests



With summer vacation memories fading in the face of winter's frozen approach, 53 per cent of Canadian workers want a work-from-home option to avoid long commutes and increase productivity, according to a Workopolis survey. recent

Andrea Garson, president of human resources, says giving employees the option to work from home one or two days a week can boost morale, increase productivity and reduce environmental impact.

"It helps people get a sense that they're more in control of their lives," she

says from Halifax. The call for change is driven by technological ad-

### Five Tips

- 1. Employees should treat the home office as a regular office. No personal visits, no domestic chores. TD Bank employee Joan Goodman says if you wouldn't do it at the head office, don't do it at the home office.
- 2. Pick the right tasks. Goodman says projects requiring quiet concentration are best, but those requiring group meetings are not ideal.

vances that have made work-from-home more feasible and younger workers who tend to be against long hours at the office in favour of a better work-life balance, Garson says.

"To be competitive in this marketplace, (companies) are going to have to 3. Keep open communications. Phone, email, instant messaging and Skype can all be deployed to keep a remote employee in close touch with the office.

- 4. Employers should create a work-from-home program so staff can apply for it in a transparent fashion, not on an ad-hoc basis.
- 5. Both sides should mix home days with office days to maintain corporate culture.

start offering work-fromhome," says Garson, who works from home on Wednesdays. She suggests employees shouldn't expect the option from the start, but both sides have to first build up trust.

Peter McAdam, president of employee ex-

perience at TD Bank, says working from home is part of its range of flex options. A small number of staff are exclusively based at a home office, but a more common pattern is to work at the office some of the week and from home the rest.

"Like other employers, we're looking to respond to our changing workforce, he says. To get the top talent, especially the top young talent, TD needs to offer the most flexible work packages, he says.

Just knowing the work-from-home option is available improves morale, even if workers don't take it up, McAdam says. "There are a lot of business wins," he says.



Joan Goodman, an executive with TD Bank, works three days a week at the Toronto office and one day a week at her Oakville, Ont., home. "The advantage for me is not having to commute, being around

when my kids gets home from school and I also find it incredibly productive, she says. It has also allowed TD to retain a valued employee, rather than lose her because of rigid poli-

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### **OFF DUTY MISCONDU** CAN CAUSE CONCERN

mployees who believe that they are immune from discipline for their conduct away from the office are often sadly mistaken. Where off-duty behaviour becomes cause for an employer's concern, employees ought not to be surprised when it follows them back to their desk. Here are some exam-

- Blog postings made on an employee's own person-al time can come back to haunt the employee. Just ask Linda Clark, who lost her job because her employer, a retirement home, came across a blog she wrote with postings that expressed her disdain for the residents and management. It didn't matter that Clark had created and maintained her blog at home or that she intended for it to be private; its connection to the workplace was obvious and any member of the public could view it.
- Pictures or postings on Facebook, MySpace or YouTube are fair game for employers' supervision where indiscriminate content impacts, or potentially impacts, a company's reputation. It seldom matters when the postings were cre-



### DANIEL LUBLIN

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ated or even if the employee doesn't access these websites from work. If the content can even be construed as having a connection to the workplace, discipline is often upheld by the courts.

• Allegations of criminal conduct occurring away from the workplace can sometimes amount to cause for dismissal. Philip Kelly unsuccessfully sued Guelph auto parts manufacturer Linamar Corp. for wrongful dismissal after it fired him for cause following publicized but unproven crimi-nal charges of possessing child pornography on his personal computer at home. The court agreed with Linamar because of the potential damage to its reputation.

Where off-duty conduct creates a serious conflict of interest with the work of the organization, discipline can be upheld. In

"Canadian courts have little tolerance for employees whose habits expose their companies to liabilities. They can be fired — often without notice."

a notorious Canadian case, a CIBC bank teller was fired after her employer learned that she was living with a convicted bank robber. In this case, actual harm was unnecessary; it was the potential for harm that was sufficient

These examples ought to employees pause. Canadian courts have little tolerance for employees whose habits expose their companies to liabilities. They can be fired — often without notice.

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### When students learn outside the classroom



Sometimes what you learn outside of the classroom is just as important as what you learn within it.

While the meaty parts of knowledge often take root in the lecture hall, extracurricular activities not only help you learn crucial life skills but also can make you a more appealing hire.

Post-secondary institutions are also interested in extra-curricular activities because they want to invite students who've shown they are more likely to suc-

"Don't think of it in terms of getting into university, think of it in terms of skills we all need to be successful in life. Things like being able to work in a team, leadership, those are skills that will serve you well and they're the kinds

### Five things

Juggling school, extra-curricular activities and your personal life can sometimes get a bit overwhelming, here are five things to remember in order not to get swamped:

What you do matters less than what you learn from it. Schools and employers

of things we look for in the admissions process," said Andrew Arida, associate director of enrolment at the University of British Columbia.

Meg O'Mahony, a high school biology teacher at the University of Toronto Schools (UTS), has helped students from her Grade 10 and 11 classes get involved in the Canon Envirothon competition in order to give them experience in the way real-world issues want to see your personal growth, no matter how you found it.

- Do things you want to do, not things you think you need to do. Your passion will show through in things you like doing better than in activities you've taken up solely because you think they'll look good to employers.
- Take a break when need ed. Prioritize your extra-

are dealt with.

The extra-curricular program is one of North America's largest high school environmental competi-tions which challenges stutheir dents on problem-solving, teamwork and knowledge skills to deal with problems like a groundwater shortage or long-term river erosion.

"It's a good resume thing but I also see some nice changes in the students themselves. Good curricular commitments and don't feel you have to be at every event, every

- Let the school help you. Universities and colleges can help you find extracurricular opportunities, especially ones you may not have thought of.
- Have fun! Remember, you're doing it all for yourself first.

general learning in terms of problem solving is the best kind of experience you can get. It's phenomenal what students come up with," O'Mahony said.

Once in university, don't let the classroom be your only destination.

Glen Weppler, director of student community life at Ryerson University, says Ryerson makes it a priority to offer students a wealth of extra-curricular options to expand themselves.

"Our goal is to encourage students to get involved," Weppler said.

Employers tend to look favourably upon leadership and real-world experiences so taking on some meaningful, out-ofclassroom commitments can be powerful way to stand out from the crowd.

Since January 2009 at the University of Calgary, new students to the campus have had the option of having all their extra-curricular activities recognized and tracked on an official co-curricular record.

The document includes activities verified by the university such as varsity clubs, student government and students can apply to activities aren't listed included as well.

The co-curricular record also tracks hours spent, making it an ideal way for employers to track a student's experience in a particular activity. "These sorts of things give students really practical skills they can bring to employ-ers," said UCal viceprovost of students Ann



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### Cram-school dreams

### Once unknown town redraws lines of success in India

The teenage boy, with his gentle smile and scraggle of whiskers, stands in the fading light of the day and talks about the college entrance exam that he is certain will change his life.

His name is Vijay Singh. He has been studying since long before dawn, as he has done every day since he arrived in Kota, India, a low-slung city of high-school dreamers on the edge of India's northern deserts.

Three months ago he left home, effectively dropped out of high school and entered a highly competitive Kota cram school. For eight months he will study every morning, every night, every day of the week — for a six-hour test. If he does well, it will propel him up the Indian social ladder.

His target is the Joint Entrance Examination, a multiple-choice test that teases young Indians with the golden ticket of this country's educational system: acceptance to the impossibly exclusive Indian Institutes



of Technology. Imagine the entire Ivy League distilled into one small network of colleges. Imagine tens of millions of parents dreaming from their children's birth about the joy of acceptance. Imagine if there was no reliable second tier of science-oriented schools. That is the

Every year, more than 450,000 students take the IIT exam, hoping for entry to the hallowed public engineering institutes scattered

more 13,000 passed in 2010, a three per cent success rate that makes Harvard, with its seven per cent acceptance, look like a safety school.

And for generations, there was little surprise about who got in.

But over the past two decades, cracks have developed in India's centuriesold social system, forced open by one of the world's strongest economies.

Today, in a country where 300 million people live on less than \$1 a day, the economy is growing at nearly nine per cent and the rich shop for Porsches and Louis Vuitton purses. The number of Indian millionaires jumped by 51 per cent last year, reaching more than 127,000.

A few dalits, as India's lowest-caste "untouchables" are now known. reached corporate have boardrooms.

THE ASSOCIATED PRESS

# Flames top Oilers in dramatic win

◆ Tanguay scores shootout winner for Calgary ◆ Edmonton mounts comeback from 4-1 deficit to send game into OT



FLAMES

Brendan Morrison scored twice and Alex Tanguay had the shootout winner last night as the streaking Calgary Flames made it five wins in six games with a dramatic 5-4 victory over

The Flames looked in control leading 4-1 late in the second period but that lead was erased by a furious comeback by the Oilers.

the Edmonton Oilers.

It would take shootout saves by Miikka Kiprusoff against Ales Hemsky, Jordan Eberle and Dustin Penner to secure the Flames' third win in a row.

Tanguay sent the crowd home happy, firing a shot under the crossbar on the Flames second shot after Niclas Hagman was stopped on Calgary's first try.

Jay Bouwmeester and Curtis Glencross also scored

### See you next year

The Oilers and Flames don't meet again until New Year's Day.

for Calgary (6-3-0).

Kurtis Foster, Jordan Eberle, Magnus Paajarvi and Tom Gilbert scored for Edmonton (2-4-1), which is winless in its last five. The Oilers play seven of their next nine games on the road where they're 2-22-3 dating back to mid-December of last season.

ber of last season. Ryan Whitney had two assists to extend his points streak to four games (six assists).

Trailing 4-1 and being outplayed by a wide margin, Edmonton got a spark when Eberle scored his third goal of the season with 17 seconds left in the second period.

Looking like a completely different team, the young Oilers came out firing in the third period outshooting Calgary 17-10.

Kiprusoff, celebrating his 34th birthday, had no chance on the tying goal at 9:19 as Gilbert whipped a shot into the top corner through a maze of bodies in front

THE CANADIAN PRESS



## Opinion RYAN KENNEDY THE HOCKEY NEWS

### BLUE-LINE STILL A WORK IN PROGRESS

It's really too bad that one of the less heralded Oilers, defenceman Theo Peckham, is day-today with a hand injury. ow that the initial burst of glory experienced by the young Edmonton squad has been quashed by a return to the Northwest Division basement, good news is needed.

Peckham, who was barely an NHLer last season when he played for the rebuilding Oilers, has demonstrated early on that he is more than a pair of granite.

last season when he played for the rebuilding Oilers, has demonstrated early on that he is more than a pair of granite fists waiting to enforce on behalf of the Edmonton side. Against Minnesota last week, he was a physical force all around, keeping the suddenly spritely Wild players on their toes and launching several unsuspecting opponents into orbit.

At six-foot-two and 234 pounds, Peckham brings brawn to the Oilers' backend, but Edmonton is not suffering because of a lack of size. Indeed, some very tall and broad players wearing orange and blue witnessed Wild centre Kyle Brodziak — a former Oiler himself — waltz all over the Edmonton zone last Wednesday, potting two goals in the first period in an eventual 4-2 Minnesota victory

Similarly, the Oilers were torched for three power play goals in their next outing, this time at the hands of the San Jose Sharks. Defensive zone coverage is sinking this team early on. It's not the only factor, but giveaways have been too high and assignments are being blown.

Through six games, only five of 20 Edmonton skaters had more puck take-

Through six games, only five of 20 Edmonton skaters had more puck take-aways than they did giveaways. Shawn Horcoff and Jordan Eberle are best in that category, while Jim Vandermeer and Gilbert Brule suffered the most. Compare that to an elite Western team such as Chicago and you'll find only five Blackhawks gave the puck away more than they took it away, with several others even and many more on the positive side of the ledger.

When Tom Renney joined the Oilers, he was supposed to be the defensive guru in Pat Quinn's offensive battle plan. Now that Renney has the reins all to himself, that coverage needs to be a priority.

that coverage needs to be a priority.
While Edmonton brought in a lot of exciting young forwards this summer, the same cannot be said for the defence, but work definitely needs to be done.



Quoted



"I'm excited about this new start. I'm excited about this season. I'm excited about this team and this franchise. I'm excited to get it going in a city where (I've) struggled."

LEBRON JAMES BEFORE HIS
HEAT'S SEASON OPENER
AGAINST THE CELTICS LAST
NIGHT. JAMES HAD 31
POINTS, BUT HIS TEAM LOST
88-80. THE HEAT SCORED
JUST NINE POINTS IN THEIR
FIRST QUARTER OF THE
SEASON AND FELL BEHIND
THE CELTICS BY 15 POINTS AT
HALFTIME.



### NHL

	GP	w	L	OTL	SL	GF	GΑ	Pts	Home	Away	Last 10	Str
d-Tampa Bay	8	5	2	1	0	27	27	11	2-1-1-0	3-1-0-0	5-2-1-0	L
d-Toronto	8	5	2	1	0	23	19	11	3-1-1-0	2-1-0-0	5-2-1-0	W
d-Pittsburgh	9	5	3	1	0	27	20	11	2-3-0-0	3-0-1-0	5-3-1-0	L
Montreal	8	5	2	1	0	20	18	11	2-1-1-0	3-1-0-0	5-2-1-0	W.
Washington	8	5	3	0	0	23	21	10	4-1-0-0	1-2-0-0	5-3-0-0	W
NY Islanders	8	4	2	1	1	26	23	10	2-0-0-1	2-2-1-0	4-2-1-1	L
NY Rangers	7	4	2	1	0	22	20	9	1-1-1-0	3-1-0-0	4-2-1-0	W
Philadelphia	9	4	4	1	0	25	24	9	3-3-0-0	1-1-1-0	4-4-1-0	W
Boston	6	4	2	0	0	18	11	8	1-2-0-0	3-0-0-0	4-2-0-0	L
Carolina	7	4	3	0	0	21	21	8	1-0-0-0	3-3-0-0	4-3-0-0	W
Atlanta	8	3	4	1	0	23	29	7	1-2-0-0	2-2-1-0	3-4-1-0	L
Ottawa	9	3	5	1	0	21	28	7	2-2-0-0	1-3-1-0	3-5-1-0	W
Buffalo	10	3	6	1	0	27	30	7	0-4-1-0	2-3-0-0	3-5-1-0	L
Florida	7	3	4	0	0	18	15	6	2-1-0-0	1-3-0-0	3-4-0-0	L
New Jersey	9	2	6	1	0	15	30	5	0-4-1-0	2-2-0-0	2-6-1-0	L

### **WESTERN CONFERENCE**

	GP	vv	L	OIL	SL	Gŀ	GA	Pts	Home	Away	Last 10	Strk
d-Nashville	8	5	0	3	0	21	17	13	2-0-3-0	3-0-0-0	5-0-3-0	W2
d-Los Angeles	8	6	2	0	0	25	19	12	3-0-0-0	3-2-0-0	6-2-0-0	W2
d-Calgary	9	6	3	0	0	26	21	12	4-1-0-0	2-2-0-0	6-3-0-0	W3
Detroit	7	5	1	0	1	23	18	11	3-0-0-1	2-1-0-0	5-1-0-1	W4
Chicago	10	5	4	1	0	29	28	11	3-3-0-0	2-1-1-0	5-4-1-0	L2
Dallas	8	5	3	0	0	26	22	10	2-2-0-0	3-1-0-0	5-3-0-0	L2
St. Louis	7	4	1	1	1	19	14	10	4-0-0-0	0-1-1-1	4-1-1-1	W2
Columbus	8	5	3	0	0	20	22	10	3-2-0-0	2-1-0-0	5-3-0-0	W2
Anaheim	10	4	5	0	1	26	35	9	2-0-0-1	2-5-0-0	4-5-0-1	W1
Colorado	8	4	4	0	0	25	29	8	1-2-0-0	3-2-0-0	4-4-0-0	L2
Minnesota	8	3	3	0	2	23	23	8	2-2-0-1	1-1-0-1	3-3-0-1	L2
Vancouver	8	3	3	0	2	20	21	8	3-0-0-1	0-3-0-1	3-3-0-2	W1
San Jose	7	3	3	1	0	19	21	7	1-2-0-0	2-1-1-0	3-3-1-0	L1
Phoenix	8	2	3	3	0	21	29	7	1-1-2-0	1-2-1-0	2-3-3-0	L3
Edmonton	7	2	4	0	1	15	21	5	2-2-0-0	0-2-1-0	2-4-0-1	L5

d-division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results Toronto 3 Florida 1 Philadelphia 6 Buffalo 3 Ottawa 5 Phoenix 2 Calgary 5 Edmonton 4 (SO) Anaheim 5 Dallas 2 Colorado at Vancouver Monday's results Montreal 3 Phoenix 2 (OT)

Los Angeles 3 Minnesota 2 (SO)
Tonight's games
(All times Eastern)

Atlanta at N.Y. Rangers, 7 p.m. Washington at Carolina, 7 p.m. N.Y. Islanders at Montreal, 7:30 p.m. Pittsburgh at Tampa Bay, 7:30 p.m. Los Angeles at Chicago, 8:30 p.m.

### Columbus 2 Philadelphia 1 LEAFS 3. PANTHERS 1

4:25, Wideman Fla (holding) 18:36.

2. Florida, Wideman 2 (McCabe, Weiss) 14:27

Penalties — Zigomanis Tor (hooking) 8:14 Bozak Tor (tripping) 13:49, Frolik Fla (hooking)

Bozak Tor (tripping) 13:49, Frolik Fla (hod 19:04. Third Period 3. Toronto, Orr 2 (Brent, Sjostrom) 11:02 4. Toronto, Kessel 7 17:36 Penalties — None. Shots on goal by

Att. - 19,239 at Toronto

### FLAMES 5, OILERS 4 (SO)

First Period
1. Calgary, Morrison 2 (Giordano, Bourque)
5:52 (pp) Edmonton, Foster 1 (Paajarvi, Whitney) 8:38 (pp)

Calgary, Bouwmeester 1 (Tanguay, White) 19:40 (pp)

Penalties — Brule Edm (hooking) 5:28, Iginla Cal (tripping) 8:08, Paajarvi Edm (holding stick) 19:28, Gagner Edm, Jokinen Cal (fighting) 19:45.

Ing) 19:49.
Second Period
4. Calgary, Glencross 2 (Backlund) 2:02
5. Calgary, Morrison 3 9:48 (sh)
6. Edmonton, Eberle 3 (Peckham) 19:43 Cal (interference) 9:40, Fraser Edm (instigating, fighting, misconduct), Giordano Cal (fighting) 12:12, Strudwick Edm, Jackman Cal (fighting) 16:37, Peckham Edm (high-sticking)

7. Edmonton, Paajarvi 2 (Cogliano, Whitney)

8. Edmonton, Gilbert 2 (Penner, Hemsky) 9:19 Penalties — Brule Edm, Glencross Cal (roughing) 10:16, Peckham Edm (high-sticking)

Overtime
No Scoring.
Penalties — None

Edmonton (0) — Hemsky, miss; Eberle, miss; Penner, miss; Calgary (1) — Hagman, miss; Tanguay, goa

Shots on goal by

Goal — Edmonton: Khabibulin (SOL,2-4-1); Cal gary: Kiprusoff (W.5-3-0), Power plays (goals-

### **chances)** — Edmonton: 1-3; Calgary: 2-5. **Att.** — 19,289 (19,289) at Calgary. **SCORING LEADERS**

	G	Α	PT
Stamkos, TB	8	7	15
Sharp, Chi	8	3	11
Hossa, Chi	7	4	11
D.Sedin, Vcr	7	4	11
Crosby, Pgh	6	5	11
Getzlaf, Ana	3	8	11
C.Stewart, Col	5	5	10
Zetterberg, Det	3	7	10
B.Richards, Dal	2	8	10
Liles, Col	0	10	10
H.Sedin, Vcr	0	10	10
Horton, Bos	5	4	9
Roy, Buf	5	4	9
P.Stastny, Col	4	5	9
Not including last night's	s games		

### TRANSACTIONS

### **BASEBALL**

CHICAGO WHITE SOX—Exercised their 2011 contract options on C Ramon Castro and LHP Matt Thornton. Released RHP Carlos Torres. NATIONAL LEAGUE

ARIZONA DIAMONDBACKS—Named Alan Trammell bench coach, Don Baylor hitting coach, Eric Young first-base coach and Charles Nagy pitching coach.

### **BASKETBALL**

MILWAUKEE BUCKS—Exercised the contract option on general manager John Hammond and signed coach Scott Skiles through the

### **FOOTBALL**

LEAGUE OFFICE—Fined Minnesota coach Brad Childress \$35,000 for criticizing officials and

Childress \$35,000 for criticizing officials and disclosing confidential conversations with the officiating department.
CINCINNATI BENGALS—Placed CB Adam "Pacmam" Jones on injured reserve. Signed TE J.P. Foschi. Waived TE Daniel Coats.
CLEYLE AND BROWNS—Waived RB James Davis and WR Yamon Figurs. Claimed RB Thomas Clayton off waivers from New England. Signed WR Demetrius Williams.
DENVER BRONCOS—Signed DT Le Kevin Smith.

JACKSONVILLE JAGUARS—Placed OT Eben Britton on injured reserve, signed OT Erik

NEW YORK JETS—Signed LB Josh Mauga from the practice squad, Waived DT Ho Green. Signed LB Kenwin Cummings to the

SEATTLE SEAHAWKS—Signed RB Quinton Ganther. Released LB Chris McCoy from the practice squad. Signed OT Breno Giacomini and RB Chris Henry to the practice squad.

WINNIPEG BLUE BOMBERS—Added OB Justin Goltz to the practice roster.

ATLANTA THRASHERS—Assigned G Ondrej Pavelec to Chicago (AHL) for conditioning. Re called D Noah Welch and G Peter Mannino

from Chicago. BUFFALO SABRES—Called up F Luke Adam from Portland (AHL). CAROLINA HURRICANES—Recalled F Jiri

Tlusty from Charlotte (AHL). COLUMBUS BLUE JACKETS—Assigned D Nate

Guenin to Springfield (AHL).

MONTREAL CANADIENS—Assigned F Dany
Masse from Hamilton (AHL) to Wheeling (ECHL). TAMPA BAY LIGHTNING—Recalled F Blair

Jones from Norfolk (AHL). WASHINGTON CAPITALS—Recalled D Brian

### AHL

MILWAUKEE ADMIRALS—Announced G Chet Pickard has been reassigned to Cincinnati (ECHL) and G Jeremy Smith has been recalled SYRACUSE CRUNCH—Signed F Gabe Gauthier.

IDAHO STEELHEADS—Traded D Lane Caffaro to Ontario for future considerations. UTAH GRIZZLIES—Acquired D Nick Tuzzolino from Wheeling for future considerations

### SOCCER

COLUMBUS CREW-Signed G Chase Harrison.

### **WEEK 18**

EAST DIVISIO	N						
	GP	W	L	т	PF	PA	1
y-Montreal	16	11	5	0	480	415	2
x-Hamilton	16	9	7	0	436	372	1
x-Toronto	16	8	8	0	313	401	1
Winnipeg	16	4	12	0	419	434	
WEST DIVISION	NC						
	GP	W	L	Т	PF	PA	ı

16 11 5 0 536 403 22 16 9 7 0 449 442 18 16 6 10 0 343 501 12 16 6 10 0 420 428 12 y-Calgary x-Saskatchewan Edmonton

x — clinched playoff berth. clinched division title

Friday's games (All times Eastern) Montreal at Toronto, 7 p.m. Hamilton at Calgary, 10 p.m.

Saturday's game Winnipeg at Edmonton, 7 p.m.

### Innipeg at Lo.... Inday's game askatchewan at B.C., 5 p.m. SCORING LEADERS

McCallum, BC Duval, Mtl DeAngelis, Ham Congi, Sask Prefontaine, Edm-1 Cates, Sask Shaw, Tor Palardy, Ham-Wpg T.Edwards, Wpg Bryant, Cal k-Cobb, Ham k-Green, Mtl Lewis, Cal Robertson, BC	TD	C	FG	S	P
Maver, Cal	0	60	31	3	15
McCallum, BC	0	29	40	6	15
Duval, Mtl	0	37	30	12	13
DeAngelis, Ham	0	39	31	3	13
Congi, Sask	0	41	26	2	12
Prefontaine, Edm-To	or 0	28	24	8	10
Cates, Sask	15	0	0	0	9
Shaw, Tor	0	18	19	6	8
Palardy, Ham-Wpg	0	18	16	7	7
T.Edwards, Wpg	12	0	0	0	7
Bryant, Cal	11	0	0	0	6
x-Cobb, Ham	10	2	0	0	6
x-Green, MtI	10	2	0	0	6
Lewis, Cal	9	0	0	0	
Robertson, BC	9	0	0	0	5
Bruce, Ham	8	0	0	0	4
Serna, Wpg	0	20	8	4	4
x-Richardson, MtI	7	2	0	0	4
Boyd Tor	7	0	0	0	/

### SOCCER

### **MLS PLAYOFFS**

### **SEMIFINALS**

EASTERN CONFERENCE (All times Eastern) New York vs. San Jose Saturday's game First Leg New York at San Jose, 10 p.m. Columbus vs. Colorado

Tomorrow's game First Leg

WESTERN CONFERENCE

Sunday s Sunfirst Leg

Angeles at Seattle, 8 p.m.
C Dallas Los Angeles at Seattle, 8 p.m. Real Salt Lake vs. FC Dallas Saturdays' game First Leg Real Salt Lake at Dallas, 5 p.m.

### **ENGLAND**

### **LEAGUE CUP**

Fourth Round
Yesterday's results
Birmingham 1, Brentford 1 (Birmingham advances 4-3 on penalty shootout)
Ipswich 3, Northampton 1
Leicester 1, West Bromwich Albion 4
Manchester United 3, Wolverhampton 2
Wigan 2, Swansea 0

### **SCOTLAND**

### LEAGUE CUP

**Quarter-final Yesterday's results** Aberdeen 2, Falkirk 1 Motherwell 1, Dundee United 0

### **EASTERN CONFERENCE**

ATLANTIC DIVISION

	W	L	Pct	GB					
Boston	1	0	1.000	_					
New Jersey	0	0	.000	1/2					
New York	0	0	.000	1/2					
Philadelphia	0	0	.000	1/2					
Toronto	0	0	.000	1/2					
SOUTHEAST DIVISION									
	W	L	Pct	GB					
Atlanta	0	0	.000	_					
Charlotte	0	0	.000	_					
Orlando	0	0	.000	_					
Washington	0	0	.000	_					
Miami	0	1	.000	1/2					
<b>CENTRAL DIV</b>	ISION								
	W	L	Pct	GB					
Chicago	0	0	.000	_					
Cleveland	0	0	.000	_					
Detroit	0	0	.000	_					
Indiana	0	0	.000	_					
Milwaukee	0	0	.000	_					
<b>WESTERN C</b>	ONFERI	EN	CE						
COLITIONIECT									

SOUTHWEST D	IVISIO	N		
	W	L	Pct	GB
Dallas	0	0	.000	_
Houston	0	0	.000	_
Memphis	0	0	.000	_
New Orleans	0	0	.000	_
San Antonio	0	0	.000	_
NORTHWEST I	DIVISIO	N		
	W	L	Pct	GB
Denver	0	0	.000	_
Minnesota	0	0	.000	_
Oklahoma City	0	0	.000	_
Portland	0	0	.000	_
Utah	0	0	.000	_
PACIFIC DIVISI	ON			
	W	L	Pct	GB
Golden State	0	0	.000	_
I A Clippore	0	0	000	_

### Houston at L.A. Lakers Tonight's games (All times Eastern)

Boston at Cleveland, 7 p.m. Detroit at New Jersey, 7 p.m. Miami at Philadelphia 7 p.m. Miami at Philadelphia, 7 p.m. New York at Toronto, 7 p.m. Atlanta at Memphis, 8 p.m. Sacramento at Minnesota, 8 p.m. Milwaukee at New Orleans, 8 p.m. Chicago at Oklahoma City, 8 p.m. Charlotte at Dallas, 8:30 p.m. Indiana at San Antonio, 8:30 p.m. Indiana at San Antonio, 8:30 p.m. Utah at Denver, 9 p.m.

Houston at Golden State, 10:30 p.m. Portland at L.A. Clippers, 10:30 p.m.

Tomorrow's games Washington at Orlando, 8 p.m. Phoenix at Utah, 10:30 p.m.

### **MLB**

### **2010 POSTSEASON**

### WORLD SERIES

(All times Eastern)
Tonight's game
Texas (Lee 12-9) at San Francisco (Lincecum 16-10), 7:57 p.m.

Tomorrow's game Texas (Wilson 15-8) at San Francisco (Cain 13-

11), 7:57 p.m.

Saturday's game

San Francisco (Sanchez 13-9) at Texas (Lewis 12-13), 6:57 p.r

Sunday's game
San Francisco (Bumgarner 7-6) at Texas
(Hunter 13-4), 8:20 p.m.

Monday, Nov. 1 x-San Francisco at Texas, 7:57 p.m. x - if necessary

### AMERICAN CONFERENCE

AIVIERICA	N CC	ואוכ	FER	CENC	_	
EAST						
	W	L	Т	Pct	PF	PA
N.Y. Jets	5	1	0	.833	159	101
New England	5	1	0	.833	177	136
Miami	3	3	0	.500	111	135
Buffalo	0	6	0	.000	121	198
SOUTH						
	W	L	Т	Pct	PF	PA
Tennessee	5	2	0	.714	199	117
Houston	4	2	0	.667	153	167
Indianapolis	4	2	0	.667	163	125
Jacksonville	3	4	0	.429	130	209
NORTH						
	W	L	T	Pct	PF	PA
Pittsburgh	5	1	0	.833	137	82
Baltimore	5	2	0	.714	149	129
Cincinnati	2	4	0	.333	132	141
Cleveland	2	5	0	.286	118	142
WEST						
	W	L	Т	Pct	PF	PA
Kansas City	4	2	0	.667	150	112
Oakland	3	4	0	.429	179	165
San Diego	2	5	0	.286	177	149
Denver	2	5	0	.286	138	199
NATIONAL	CO	NFI	ERE	NCE		

NATIONAL	CO	NFI	ERE	NCE		
EAST						
N.Y. Giants Washington Philadelphia Dallas	<b>W</b> 5 4 4 1	L 2 3 3 5	<b>T</b> 0 0 0	Pct .714 .571 .571 .167	PF 175 130 172 137	PA 153 133 157 152
SOUTH						
Atlanta Tampa Bay New Orleans Carolina	<b>W</b> 5 4 4 1	L 2 2 3 5	0 0 0 0	Pct .714 .667 .571 .167	PF 169 98 147 75	133 128 138 130
NORTH						
Chicago Green Bay Minnesota Detroit	W 4 4 2 1	<b>L</b> 3 4 5	<b>T</b> 0 0 0 0	Pct .571 .571 .333 .167	PF 126 167 111 146	114 136 116 140
WEST						
Seattle Arizona St. Louis San Francisco	W 4 3 3	2 3 4	T 0 0 0	.667 .500 .429	PF 120 98 120 113	PA 107 160 131 162

### WEEK 7

Byes: Detroit, Houston, Indianapolis, N.Y. Jets Monday's result N.Y. Giants 41 Dallas 35

### Sunday's results

Atlanta 39 Cincinnati 32 Baltimore 37 Buffalo 34 (OT) Carolina 23 San Francisco 20 Cleveland 30 New Orleans 17 Cleveland 30 New Orleans 17 Kansas City 42 Jacksonville 20 New England 23 San Diego 20 Oakland 59 Denver 14 Pittsburgh 23 Miami 22 Seattle 22 Arizona 10 Tampa Bay 18 St. Louis 17 Tennessee 37 Philadelphia 19 Washington 17 Chicago 14 Green Bay 28 Minnesota 24

### WFFK 8

Byes: N.Y. Giants, Philadelphia, Chicago, Atlanta, Baltimore, Cleveland

### Sunday's games

Denver vs. San Francisco at London, 1 p.m. Washington at Detroit, 1 p.m Buffalo at Kansas City, 1 p.m. Carolina at St. Louis, 1 p.m. Carolina at St. Louis, 1 p.m.
Miami at Cincinnati, 1 p.m.
Jacksonville at Dallas, 1 p.m.
Green Bay at N.Y. Jets, 1 p.m.
Tennessee at San Diego, 4:05 p.m.
Minnesota at New England, 4:15 p.m.
Seattle at Oakland, 4:15 p.m.
Tampa Bay at Arizona, 4:15 p.m. Pittsburgh at New Orleans, 8:20 p.m. **Monday, Nov. 1** Houston at Indianapolis, 8:30 p.m.

### NOT JUST A CLUB, IT'S THE CLUB.



IOIN CLUB METRO TODAY! CLUBMETRO.COM

Chevy makes a big small-car move with Cruze, its quietest compact ever Roomier than its predecessor, it offers a big-car feel on the road



# Chevy Cruze is made for cruising



I'm a little worried about the spelling department over at GM. Who authorized Cruze over Cruise? But I'm not going to let it get me down, because this is a great little car. Well, actually, not so little...

Cruze is one of the bigger "compact" contenders, a segment that includes Toyota Corolla, Honda Civic and Ford Focus.

Not only is it way roomi-

er inside than its predecessor (Chevrolet Cobalt), its demeanor is more like that of a larger and more upscale vessel

All this became apparent moments after we drove off with this Cruze LTZ test vehicle.

The top-shelf LTZ model lists for \$24,780 and is packing all the goodies in the Cruze catalogue, such as sport suspension, remote starter, Bluetooth, On Star with "directions and connections," USB port, 17-inch wheels and

nine-speaker stereo.

But even the base LS (\$14,995) has lots of standard kit: 6-speed manual transmission, stability and traction control, ABS, power windows and locks, and 10 air bags (but no a/c).

Only LS models feature the 136-hp 1.8-litre I4 engine. LT, LTZ and an upcoming super-efficient Eco model, feature a nifty and all-new turbo 1.4-litre I4, with variable valve timing and variable flow oil pump, producing 138 hp and 148 lb-ft of torque.

(Unlike Ford, GM's new turbo does not feature direct injection.)

A big console separates the two front seats to impart a "twin cockpit" theme.

The two-tone leather seats hug your butt in good way, the leather-wrapped steering wheel is irresistible to fondle, and the burnished aluminum trim throughout the interior is easy on the eyes.

And things are refined and quiet. The new electric speed-sensitive steering

### **Multi-cultural**

Cruze may be brand new to North America, but it is a well-traveled citizen of the world.

- Currently sold in more than 60 countries, it is easily Chevrolet's best-selling nameplate globally.
   It's manufactured in the
- It's manufactured in the U.S., China, India, Russia, South Korea and Kazakhstan.
- The architecture (Delta II) under Cruze was developed by GM's Korean arm, Daewoo, with refinement by its European arm, Opel.
- The Korean version of Cruze (called Lacetti) actually hit the streets back in 2009, while the Europeanmarket Cruze and its Opel equivalent (Astra) hit the streets in 2009.

system has a "natural" feel, and combined with a taut chassis, the Cruze is, well, made for cruising.

The only dissenting thoughts are that the Cruze could have been a bit more visually arresting and given us more back-seat knee room.



**Up and down** 

### **Re-Dymaxion** Architect Norman

Architect Norman Foster has recreated the historic threewheeler Dymaxion designed by his mentor, Buckminster





**BMW drivers**BMW drivers are the most likely to be obnoxious on the road, according to a survey of 3,000 motorists conducted by gocompare.com.



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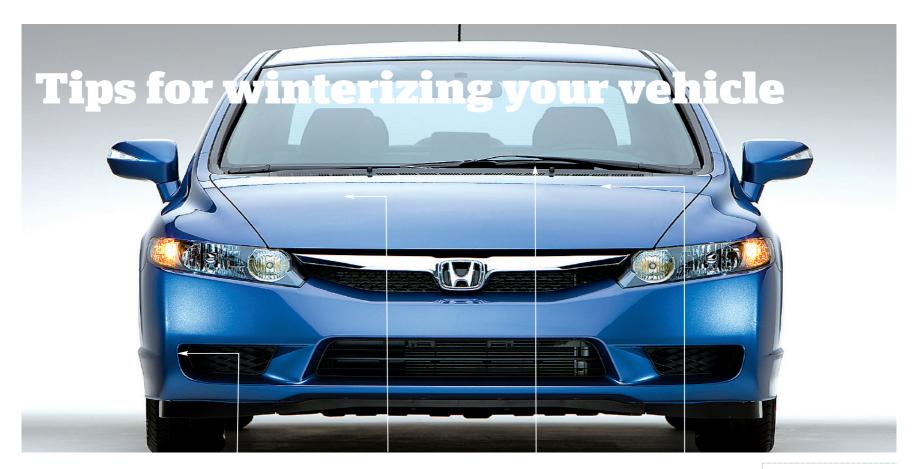


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With summer in the rearview mirror and Jack Frost knocking at the door, it's time to think about winterizing your car — before you see the first snowflakes falling. Here are some winterizing tips from Bill Hume, vice-president of Hankook Tire Canada, and Henry Blumenthal, chief underwriter with TD Insurance.

### Invest in winter tires.

Consider investing in winter tires or replacing your all-seasons. Worn, bald or badly aligned or balanced tires can mean accidents on ice, rain or snow, says Blumenthal. By paying just a few more dollars, you will be saving in the long term. In addition, winter tires are mandatory in some provinces.

### Change your oil.

The change in seasonal temperatures may also dictate changing to a thinner viscosity engine oil to more efficiently lubricate moving parts in colder conditions, says Hume. Check your car's owner manual for fluid recommendations.

### Check your wiper blades.

Typically winter means reduced visibility, says Blumenthal. Check your wiper blades and invest in winter windshield washer fluid — it won't freeze when you need it the

### **Check your battery.**With cold weather comes

With cold weather comes increased power demands: defrosters, windshield wipers and heating systems can really take a toll on your car battery, says Hume. If you notice that your vehicle's headlights get brighter once you start the engine, more extensive battery tests may be needed.

### A few more tips:

- Blumenthal: Pack an emergency kit for your trunk, including items you would need if you were stranded, such as blankets, candles and a first-aid kit.
- Hume: Stay alert, slow down and stay in control
   the three key elements of safe winter driving.

# Inflate your tires properly

Make sure your tires are properly inflated before the snow flies or you could find yourself needing a tow truck, or worse, an ambulance.

Here are a few tips from Transport Canada to maintain proper winter tire inflation:

• Measure your tire inflation at least once a nonth

• Measure the pressure when the tires are cold (after two hours of non-use or less than two kilometres of driving). Tires lose pressure when the air temperature gets colder.

• Inflate your tires to

match the recommended pressures printed on the label inside your vehicle or in those printed in your owner's manual.

Use a high quality gauge such as those sold at automotive supply stores.

Underinflation in

creases rolling resistance, which reduces tread life and increases fuel consumption. It can also lead to sudden tire failure. Without enough air, the sides of a tire bend and flex too much. This builds up heat, which can cause

serious damage.

Transport Canada has posted these and plenty of other tire maintenance tips on its website: tc.gc.ca/roadsafety/tp/tp28 23/inflating.htm

NEWS CANADA



### When our engineers were asked to refine, they redefined.

Introducing all four models in the revolutionary new Cayenne family – the 2011 Cayenne, Cayenne S, Cayenne Turbo, and the remarkable Cayenne S Hybrid. For our engineers, nothing was off-limits except the spirit behind the Porsche crest. Lightweight construction cuts weight by up to 185 kg. An auto start/stop function, Direct Fuel Injection (DFI), and a new 8-speed Tipronic S transmission reduce fuel consumption by up to 23% (NEDC\*), while raising Cayenne performance to remarkalbe new heights. This is what happens when engineers have free reign.

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# The perfect storm... kit

• Don't forget to stash these essential items in your trunk this winter



One of the easiest things to help prepare for winter driving is to create a winter emergency kit and store it in your vehicle. It's always a good idea to be prepared in case of emergencies – big or small.

While you don't have to keep an entire garage in your vehicle, it's smart to keep the basics on hand in case something should happen.

Put together the most complete emergency kit possible. From battery jumper cables to a properly in-flated spare tire, here are a few additional thoughts to keep in mind when packing.

### Winter weather

Frustration and time can often be saved with the items below. Keep these items on hand and you can get yourself out of many winter messes.

- Shovel
- Small bag of sand or kitty litter (helps the tires grip on ice or
- Snow brush and ice scraper

### Communication

The easiest way to get help is to call for assistance, whether that is your local police station, a tow truck or your friends and family. Make sure someone knows where you are and the situation.

- Cellphone
- Cellphone chargerGPS/Map

### First aid essentials

Making sure you and your passengers are safe is the Number 1 priority. Make sure to keep these items on hand while waiting for assistance to arrive.

- · Blanket, gloves, hat, boots
- Band-Aids
- Water bottles and granola bars

### Make sure you stay visible

You don't want to become a hazard for other drivers still on the road. Make sure other vehicles can see you.

- Flashlight and extra batteries
- Road flares or caution triangle

### Winter tires

The Number 1 item you should have on your car are winter tires. Winter tires help provide enhanced traction and optimize performance in some of the most severe winter weather conditions. Count yourself lucky if you don't have to dig into your winter emergency kit this season, but knowing it's there will make you feel safer on the road. And you never know when you might need to lend a helping hand. **NEWS** 



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# Goodyear tires get Reactivated

New Winter Reactive Technology is designed for a variety of the season's most dreaded conditions, from snow to cold pavement



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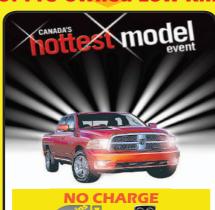


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### DRIVING FORCE

away slush and water.

JIL McINTOSH

DRIVE@METRONEWS.CA

There's a reason why winter tires aren't called "snow" tires anymore: they're designed to work in a variety of conditions, including ice, water and cold dry pavement.

It's the result of a number of technologies packed into each tire, many of which come together in Goodyear's new Winter Reactive Technology, or WRT. It was recently introduced on Ultra Ice Grip WRT tires for light trucks, SUVs and crossovers.

WRT includes a new rubber compound, unidirectional tread, and two designs of special "blades," which are micro-grooves in the tire's tread.

"Everything's a combination," says Mike Cosentino, category manager for

consumer tires for Goodyear Canada. "The winter compound is designed to keep pliable in good temperatures, while the blades are constantly moving as the tire's going around to help with trac-

Each of the blade designs has a specific function.

tion."

The "two-dimensional" blades open as they touch the asphalt, providing more rubber surface to help the tire grip the road during acceleration or braking. Since the winterspecific rubber compound is relatively soft, "three-di-mensional" blades near the edges of the tire use Goodyear's proprietary TredLock Technology, locking together to provide more rigid support when turning a corner. "They're like Lego blocks that open and close," Cosentino says.
"They're constantly moving as the tire's going around to help with traction, and as they close together, they give you more of a robust shoulder, particularly for these heavier vehicles.'

The rubber compound is a new formula developed by Goodyear. It contains polymers, rather than the silica sand that's commonly used in tire compounds, to improve its grip on cold pavement.

The final piece of the puzzle is a tread pattern design that quickly channels away slush and water. A tire that doesn't do this has a tendency to "float" on top of water puddles, a potentially dangerous situation known as hydroplaning

Since the tires aren't in contact with the pavement that's under the water, the car can skid out of the driver's control.

Goodyear plans on extending the WRT technology to passenger car tires next year.



get hard in cold weather and soft in hot weather.

what you want in a tire, so

That's the opposite of

rubber is blended with other ingredients into

compounds appropriate

for these temperatures.

So-called "all-season"

tires are a compromise

between summer and

Below just 7C, they lose

to winter-specific tires,

even on dry pavement

their grip and are inferior

winter tires.

# Is antifreeze getting you heated?

Misleading by name, yet vital to the life of your car, antifreeze/coolant plays a critical role year-round in the healthy function of your vehicle, providing protection against overheating in the hot summer months as well as freeze protection in the cold winter. Jay Buckley, technical training manager for Honeywell Consumer Products Group, answers the top antifreeze questions on consumers' minds.

antifreeze/coolant changed?

Change intervals can vary from vehicle to vehicle, from every 2 to 5 years, or 58,000-240,000 kilometres, whichever comes first. Always consult your owner's manual for the proper change interval for your specific vehicle.

Is a flush necessary when changing my antifreeze/coolant?

it's smart to do a complete flush. Just draining the system will not remove all of the coolant. If a full flush can't be carried out, then the proper amount of a fully concentrated coolant should be added into the system before adding water. This will ensure the cooling system is com-

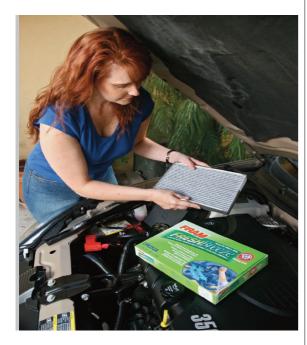
mixture antifreeze/coolant and water. Make sure all the air is out of the system to avoid corrosion.

Question: How do I "top up" my antifreeze/coolant?

Nearly all vehicles today are equipped with a pressurized coolant recovery system. Part of this system is a plastic coolant expansion tank. It is usually located near the front of the engine compartment and is pressurized and connected to the rest of cooling system with a hose. You can monitor the coolant level by observing the coolant level in the expan-

sion tank, and top up if necessary, according to instructions provided by the vehicle manufacturer in the owner's manual or by the coolant supplier on the antifreeze/coolant Just be sure not to remove the expansion tank cap or the actual radiator cap when the engine is hot. NEWS CANADA

# Ridin' clean



### A cabin air filter will help clear the air in your auto, and more

According to an industry study, 95 percent of vehicle owners are concerned about air quality inside

Taking it a step further, beyond helping to keep the cabin air clean and allergen levels low, did you know that a cabin air filter also helps protect (and maintains optimal performance of) the vehicle's heating and air conditioning system?

The cabin air filter represents one of the automohot buttons consumers, as it helps clean the air they breathe and keep their ventilation system in working order.

When the heating and air conditioning system be-come congested with particles, typically from an old or faulty cabin air filter, it's

susceptible to debris, dirt and corrosion. The more clogged the filter, the less efficient it will be, as it has to work harder to move air in and out.

Regarding installation, refer to your owner's manual to see where the cabin air filter is located, and either you or your mechanic can put the new one in.

Additionally, most cabin air filter manufacturers include instructions on replacement directly on the packaging.

You may not think your vehicle has a cabin air filter, but they have become standard equipment in most vehicles during the last 20 years.

More information on this topic can be found online at fram.com.

NEWS CANADA

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# TRIED AND TRUE TIPS AS FALL FREEZES OVER



ou see some scary things around Halloween time. Witches, warlocks, werewolves, and, worst of all, vehicles of those who are oblivious to the pending doom of winter. You can only shudder, and pray for their survival.

But it doesn't have to be that way. With a little foresight, your vehicle can stride into frigid climes with confidence and strength, like Lady Gaga heading into an audition for You Think You Can

Since most motorists are more than familiar with the items on our win-

ter checklist, we offer them here only in the spirit of a gentle reminder. When the temperature drops a bit more, we'll bring out the cattle prod.

### Under body oil spraying

As pleasurable as this may sound to have done to your own body, do not accompany your vehicle into the spray booth — it distracts the technicians.

### Wiper health

Your wipers get overworked in winter, and are often the only things keeping youn on the road and not in the ditch. Get new ones, preferably heavier ones designed for winter.

### **Battery health**

Your battery also tends to get overworked in winter. If it's more than four years old, it should be checked, and by that we mean, "load tested" by a technician.

### Wiper fluid

Obviously you need lots of

this stuff, and in a winter blend, which doesn't freeze. Canadian Club doesn't freeze either, but it's a poor, and expensive substitute. Spit is even more useless.

Engine coolent flush and replacement.

Modern coolants last years longer than their predecessors, so you don't need to have this done every fall or winter, but at least have it checked for strength, cleanliness, and level. (I'm too close to a colonoscopy appointment to consider making light of anything

to do with flushing.)

### Find the ice scraper

If you can't remember where you put your scraper last spring, get a new one right away. You'll need it sooner than you think. Once Halloween is past, winter can come fast.



► Track down your ice scraper before winter shows its wrath

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# Nissan's toughest truck

### **○** Last-generation Pathfinder offered reliable capability

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Combining decades of 4x4 truck expertise, real-world capability and a luxurious and refined ride, the lastgeneration Nissan Pathfinder was popular with Canadian families as an SUV that wasn't afraid to roll up its sleeves and get dirty.

On sale from 1996 until 2004, the last-generation Pathfinder was eventually replaced for the 2005 model year. In 2001, Nissan updated and facelifted their ute, adding new styling cues and power from a new engine.

The post-2001 Pathfinder will be the main focus of this review-- though much of the information

### The specs

- MODEL 1996 to 2004 Nissan Pathfinder **VEHICLE TYPE** 4x4 SUV
- APPROXIMATE USED PRICE RANGE \$2,000 to \$13,000

applies to all models.

Pathfinders built after 2001 got between 240 and 250 horsepower from a 3.5 litre V6 which is highly acclaimed in the owners community. Most say the engine is plenty peppy, comfortable towing, and relatively decent on fuel, Transmission choices in-

cluded a four-speed automatic or a five-speed manual, and a low-range equipped 4WD system with either push-button or lever-actuation was standard. Note that the manual transmission was eventually discontinued

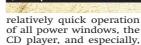
### What owners like

What owners hate Common last-generation Pathfinder complaints tend to centre around limited head and legroom, and a 'slippery' rear-end in two-wheel drive on wet or snowy surfaces. Finally, numerous owners gripe about having to feed their Pathfinders pricier premium fuel.

### Common issues

On a test-drive, be sure to scrutinize the condition of the used Pathfinder candidate's leather seating (if equipped) for rips and tears. Ensure proper and

Last-generation Pathfinder owners typically rave about the looks, power, ride quality and comfort levels of their machines. Off-road prowess, noise levels and overall driving confidence are highly rat-



the CD changer on higher-

end models. Be certain the instruments

all illuminate and function properly, and the air conditioning blows cold within a few moments of being turned on.

Be sure the 4x4 system's various modes can be easily engaged and disengaged as explained in the owner's manual, too

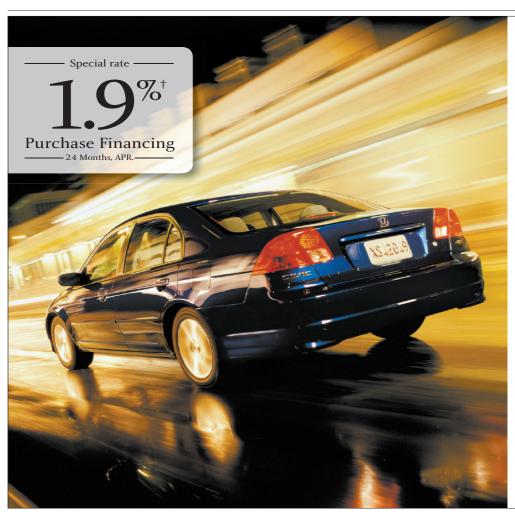
Have the underside of your used Pathfinder candidate inspected exhaustively for any signs of excessive rust, dents, offroad damage, leaks or holes. Differentials and axles should be inspected visually, as should brake lines, fuel lines and suspension components. If the Pathfinder you're considering was formerly offroaded carelessly

neglected, this is the time to check for potential problems.

### The verdict

A clean and well cared-for Pathfinder should prove a rewarding driving ma-chine both on the road and off. Shoppers who find their ideal Pathfinder candidate will likely join a happy and proud commu-nity of Nissan truck own-





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15

18

33

41

59

### Crossword

- 1 Craze
- 4 Touch
- 8 Exposed 12 Call — day
- 13 Legal worker, for
- short
- 14 Grad
- 15 Doughnut shop
- qty.
- 16 Steakhouse entrees
- 18 Last letter
- 20 Wapiti
- 21 Historic times
- 24 Doc 28 Workplace for TV's
- Det. Mac Taylor
- 32 Puerto 33 Old nuke org.
- 34 "Mean Girls" ac-
- tress
- 36 Put on 37 Bridge coup
- 39 Central or Mountain, e.g.
- 41 Church council
- 43 Contemptible
- 44 Floral garland 46 — Hold 'Em
- 50 Paperback West-
- ern, often
- 55 Trench 56 Mid-month date
- 57 Greet silently
- 58 Took a meal
- 59 Admonisher's word
- 60 Scored 100 on 61 — Kippur

### Down

- 4 Garb

- 1 Loyal pooch
- 2 Teensy bit
- 3 Stun

### 60

16

34

39

43

53

19

21

38

- 5 Tavern 6 Swiss canton
- 7 Domesticated 8 Popular game show
- host Bob 9 Foreman foe
- 10 Massage
- 11 Type squares 17 Freddy Krueger's
- street
- 22 Oodles
- 23 Master, in old India 25 Queen of Carthage
- 26 PC picture 27 Scoop holder
- 28 Mama Elliot 29 Depend (on)

- see clearly now.
- - 38 Harass
  - 40 Last lette
- 47 MRI forerunner
- 49 Rose feature
- 52 Chaps 53 Carpet cleaner, for
- short

- 31 Crimson Tide 35 Got snug and cozy
- 42 Hideaway
- 45 Corn Belt state
- 48 Car
- 50 Accomplished
- 51 Altar affirmative
- 54 Cain's mom

20

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61

▶ Yesterday's answer

В	Α	Ν	G		Е	F	Т	S		Α	Н	Α
0	D	0	R		Α	L	0	Е		D	E	И
Α	D	V	Α	И	Т	Α	G	Е		V	Α	И
			Т	U	S	K		Т	Н	Е	Т	Α
С	L	Α	_	М			C	Н	Α	7		
Α	T	D	S		S	Α	L	Е	S	Т	Α	Х
M	Α	٧		Υ	0	Υ	0	S		U	К	Е
Р	R	Ε	Р	Α	R	Е	D		G	R	Т	Ν
		R	Τ	R	Е			Α	R	Е	Ν	Α
Α	С	Т	Е	D		Е	L	В	Ε			
L	Е	T		Α	D	V	0	С	Α	Т	Е	S
1	D	S		R	υ	Е	S		S	0	L	0
Т	E	Е		М	Е	S	S		Ε	M	М	Υ

### Sudoku

2			4					
4		3		6	2			1
	6	9	8					
						3	1	
1		2				9		8
	5	8						
					8	7	9	
9			5	7		1		2
					6			5

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

5	6	2	1	3	9	4	7	8
7	3	4	2	6	8	5	9	1
9	1	8	4	5	7	3	2	6
1	4	7	8	2	3	6	5	9
8	5	6	9	7	4	1	3	2
2	9	3	5	1	6	8	4	7
3	8	5	6	9	2	7	1	4
4	7	9	3	8	1	2	6	5
6	2	1	7	4	5	9	8	3

**Caption contest** 

# Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

Pee Wee. Wishing you a Very Happy Birthday on Oct 27th. You are the apple of my life, and the sunshine in my smile. You're the BEST daughter a Mom could ask for. Loving you forever and MOM

Kitten breath, Love you babe from puppy face.

Oh please stay with me Diana! My heart is filled with recent Mexico memories & you always deliver the parts to my heart! Let's continue to travel down the UofA -LRT road together. I know I like to stir the pot. I'm pretty sure you are the only one that will have me. At least that is what my friends at Timmies tell me! Let me buy you that beautiful diamond ring. I promise to be good. LOVE, YOUR GRANTY WAANTY!

### look at the weather

TODAY Min -14 Max 0°

**THURSDAY** Min -9' Max 3°

FRIDAY Min -6° 2 Max 6°

Michele McDougall Weather Specialist
"My favourite part is reporting the

weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM



### Today's horoscope

### T Aries March 21-April 20

With Saturn moving slowly but relentlessly through the partnership area of your chart you must expect the occasional clash of egos. Think of it as a test to see how you react.

¥ Taurus April 21-May 21 You may feel a bit run down today but that is to be expected seeing as how hard you have been pushing yourself in recent weeks. Maybe it would be wise to cut back on your commitments a bit.

**Ⅱ Gemini** May 22-June 21 A creative activity has ground to a halt and no matter how hard you try you can't seem to get it moving again. Take the hint and leave it for a while. Maybe it's just that you're overtaxed.

### Gancer June 22-July 22 Forget about personal issues

today and focus on your material situation. Are you earning enough money? Are you happy with what you possess? If not it may be time for a change of direction. What can you do to kick-start your career?

plans may be disrupted today, so don't promise others that you will be at a certain place at a certain time because it may not be possible.

MV Virgo Aug. 24- Sept. 22 Has your golden touch deserted you? Maybe it has, for a while, but don't make a big issue of it because luck, like everything else in life, goes through recurring phases

For today's crossword answers and for expanded horoscopes, go to metronews.ca

have been times of late when you felt a bit lost, as if you were not quite sure where you belonged. Saturn in your sign is certainly taking away some of your anchors but your foundations are still strong.

M Scorpio oct. 24-Nov. 22 You have a tendency to fear the worst and with Saturn moving through the most sensitive area of your chart your anxieties have a mind of their own.

### 

Nov. 23-Dec. 21 It may seem as if someone has turned against you but don't be too sure. According to the planets they are still as loval as ever but they need to juggle their commit-

り Capricorn Dec. 22-Jan. 20 No one does tough as well as Capricorn and cosmic activity in the career area of your chart means you'll get both jeers and cheers over the next 24

Aquarius Jan. 21-Feb. 18 All your doubts and fears will be swept away when Mars moves into one of the more positive areas of your chart One particular friend will inspire you to be amazing.

⊢ Pisces Feb. 19-March 20 Don't give away too many se-

crets. You may like to gossip but if you say too much about other people today you may accidentally say too much about yourself as well. SALLY BROMPTON



tion for the image to the right and send it to play@metronews.ca the winning caption will be published in tomorrow's



"Is that you

Gulliver?'



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